Pitch Count Data Sheet for SCLL

Age	Pitch Limit (day)	Rest Information
7-8	35	1-20 pitches 0 days
9-10	50	21-35 pitches 1 day
11-12	85	51-65 pitches 3 days
13+	95	66+ pitches 4 days

No pitching is allowed on a calendar day of rest

Team:

Division:

Date of Game	Pitchers full name and Number	League Age	Number of Pitches	Opponent	Initial by Score keeper	Next Eligible Day	Initial by Manager