

# **CAMBRIDGE-ISANTI SOCCER CLUB (CISC)**



## **RECREATIONAL HANDBOOK**

*This handbook will serve as a reference guide to all participants within the Cambridge-Isanti Soccer Club's (CISC) Recreational league.*

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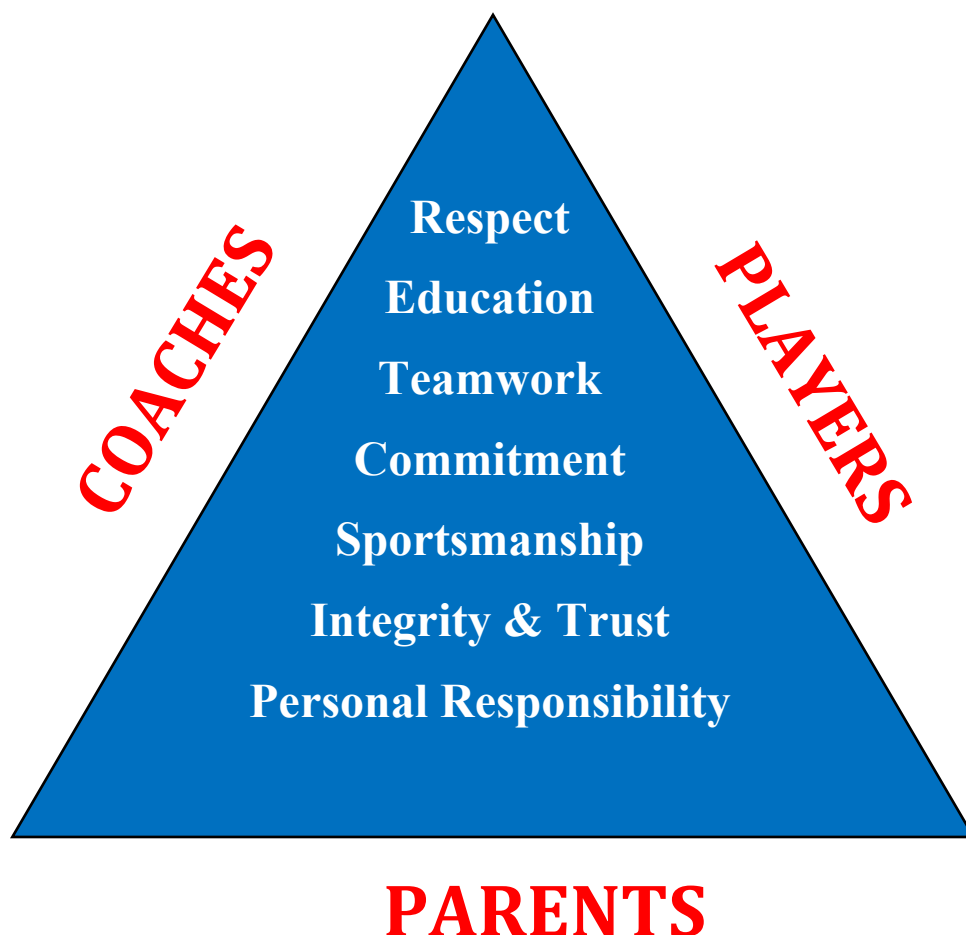
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## **CISC MISSION STATEMENT**

*The Cambridge-Isanti Soccer Club (CISC) Recreational league's mission is to field a sufficient number of recreational teams to provide age and skill appropriate opportunities for players wanting to advance their skill, knowledge, and passion for the game of soccer.*

## CISC CORE VALUES



We invite you to be part of our club. We strive to develop players on and off the field.

## CISC ORGANIZATION BACKGROUND

CISC is committed to providing the opportunity for children to play soccer in a positive environment while engaging parents and the community to take an active role in the development of our young people. The purpose of Cambridge Isanti Soccer Club (CISC) shall be to promote, foster and perpetuate the game of soccer at the youth level. The CISC aims to provide fun and enjoyable programs suitable for all ages at a recreational level and Recreation level to develop the understanding, sportsmanship, and skill of soccer. CISC adheres to respecting the rights, dignity and worth of every person regardless of their gender, abilities, cultural background, religion, and sexual orientation.

CISC is a member of the Minnesota Youth Soccer Association (MYSA). MYSA is affiliated with the United States Youth Soccer Association, Inc. It is currently funded through participation fees.



## CAMBRIDGE-ISANTI SOCCER CLUB BOARD STRUCTURE

The CISC Board of Directors are volunteer members working with the best interest of our club, players, and families' members. If you have any additional questions or comments, please use the e-mail address under each board member. We ask that you please refer to the GRIEVANCE & ESCALATION PROCEDURES section within this handbook before reaching out.

Appointed Position	Name	Email
President	Lanessa Munson	<a href="mailto:president@cisoccer.org">president@cisoccer.org</a>
Vice President	Jennifer Christensen	<a href="mailto:vicepresident@cisoccer.org">vicepresident@cisoccer.org</a>
Treasurer	Lisa Aldinger	<a href="mailto:treasurer@cisoccer.org">treasurer@cisoccer.org</a>
Secretary	Julie Stigen-Kinsey	<a href="mailto:secretary@cisoccer.org">secretary@cisoccer.org</a>
Registrar	Jeremy Myers	<a href="mailto:registrar@cisoccer.org">registrar@cisoccer.org</a>
Deputy Registrar	Taylor Pearson	<a href="mailto:registrar@cisoccer.org">registrar@cisoccer.org</a>
Competition Coordinator	Nicole Kreyer	<a href="mailto:travel@cisoccer.org">travel@cisoccer.org</a>
Recreation League Coordinator	Erika Knight	<a href="mailto:recreation@cisoccer.org">recreation@cisoccer.org</a>

Volunteer Coordinator	Jen Kallas	<a href="mailto:volunteers@cisoccer.org">volunteers@cisoccer.org</a>
Concession Coordinator	Heather Bednar	<a href="mailto:concessions@cisoccer.org">concessions@cisoccer.org</a>
Sponsorship Coordinator	Sarah Long	<a href="mailto:sponsorship@cisoccer.org">sponsorship@cisoccer.org</a>
Director of Coaching	Erika Ward	<a href="mailto:coaching@cisoccer.org">coaching@cisoccer.org</a>
Board Member at Large	Erin Ernhart	<a href="mailto:Erin.Ernhart@cisoccer.org">Erin.Ernhart@cisoccer.org</a>

## RECREATIONRECREATIONAL TEAM STRUCTURE

Within CISC, Rec League teams are made up of players similar in age. There is no preference for city, neighborhood, or school affiliation. Teams are sometimes gendered and sometimes coed depending on the number of available players in each age group.

## REGISTRATION

Online registrations and payments are required through the CISC website at [CISC Home Page](#).

### Registration of Players:

Open registration will be held in November-March for Spring season and August in Fall season. Dates are tentative and will be posted around this time frame along with registration deadlines. After open registration closes, additional participant registration will be at the discretion of the CISC board.

**IMPORTANT NOTE:** Starting Fall 2023 season and moving forward, if you do not meet the deadline for registration that is posted on the website, there will be a \$25.00 additional fee applied to the standard registration total due to late registration. To ensure internal deadlines are met (i.e. team rostering, coach placements, uniform ordering, etc.) it is critical that we have all participants registered before or no later than the designated deadline.

### Registration of Coaches:

During open registration, applications will be accepted from those interested in volunteering as a head coach. Head coaches will be determined by the CISC board of directors. Each team will have one (1) head coach and if possible, an assistant coach which will be appointed by the CISC board. Per club policy, the head coach will receive reimbursement for the team level in which they are coaching. If you are a coach who does not have a player within the recreational program, you will be compensated at the level in which you are coaching.

## **REFUND POLICY**

Families may appeal to the board, in writing, for a partial refund if players are unable to play due to extenuating circumstances. Major player injury or relocation to a location that make it unreasonable for the player to play for the team are examples of traditionally approved requests. Such refunds may not be more than 50% of fees paid.

Once recreational rostering is submitted to MYSA and registration period has closed, refunds will be made case by case at the board's discretion.

## **SCHOLARSHIP PROGRAM**

### ***Scholarship Program***

CISC provides those who qualify the opportunity to be eligible for the Scholarship Program. Guidelines state that current acceptance into a State/Federal/School aid program will prove your eligibility status. Applications without documentation will be considered only when all other applications have been processed. Eligibility does not necessarily mean you are guaranteed approval.

If an application is selected for the Scholarship Program, there are volunteer requirements that recipients are required to complete. For a player(s) who are registered in Recreation, parents and/or family members (if 14 years of age or older) are committed to completion of 6 hours of volunteer services within the club. This includes, but is not limited to:

- Field Clean-Up (change garbage's, strip fields help direct families during meet the coach night or picture nights)
- Assist with Concessions stands
- Parking Assistant
- Other authorized opportunities designed and approved by the CISC Board

Scholarship award recipients who choose NOT to fulfill their volunteer obligations with CISC forfeit their families' eligibility to receive future scholarship funds. For more information on Volunteer opportunities and/or the Sponsorship Program please contact us at [volunteers@cisoccer.org](mailto:volunteers@cisoccer.org) or visit the CISC website at [Cambridge-Isanti Soccer Club \(CISC\)](#).

## **PLAY UP POLICY**

CISC discourages play-ups except for very special circumstances. Upon request, Board members will review each case individually to determine whether the request has been approved. Not all cases will be approved but will be considered if requested.



## FORMATION OF TEAMS

After open registration ends, the board of directors will review the registration numbers, age group by age group, to determine teams. Playing age guidelines are set by US Youth Soccer and are based on the age a player turns in the calendar year.

Teams are formed based on the number of players registered by the deadline. All teams will be subject to roster requirements and availability of coaches at each age level.

AGE RANGE	CRITERIA
U4	Teams at this age will have approximately 6-8 players
U5/U6	Teams at this age will have approximately 8-10 players
U7/U8	Teams at this age will have approximately 8-10 players
U9/U10	Teams at this age will have approximately 10-14 players

## NUMBER OF PLAYERS, LENGTH OF GAME, AND BALL SPECIFICATIONS

Age	Players (including GK)	Game Length	Ball Size
U4	5v5	10 min halves	3
U5/U6	6v6	15 min halves	3
U7/U8	6v6	20 min halves	3
U9-U10	7v7	25 min. halves	4

Due to the age of all Recreational League players CISC asks a parent and/or guardian be present during each practice and game. If there are scheduling conflicts, we ask that the parent and/or guardian notify the coach to ensure there is a plan of action to ensure timely pick up after practice(s) and game(s).

## TOURNAMENTS

CISC hosts one recreational tournament during the season. Held on the last Saturday of June. There is no additional fee for player(s) or teams to participate in the tournament. CISC requests that families plan to include this tournament in their summer schedule planning.

## REGISTERING A COMPLAINT

Complaints for a serious violation of the CISC rules must be reported immediately to the Recreation League Coordinator. To file a complaint, please contact the Recreation League Coordinator via email.

## GRIEVANCE & ESCALATION PROCEDURES

In the event of a complaint or situation that needs to be resolved, we ask the following:

- Allow a 24 hour “cool down period” before talking to a coach or board member.
- Contact the head coach directly and ask for a meeting to discuss your concerns.
- If the issue cannot be resolved directly with the coach, contact the CISC President who may resolve the issue or call for a board meeting to resolve the issue.

Escalation of a grievance should be handled promptly. All decisions made by the CISC Executive Board are final.

## COMMUNICATION TREE

If you are a:	You should call the:	With questions about:
<b>Parent</b>	Coach	Coaching Philosophy
		Practices
	*Recreation League Coordinator	Team Formation/Player Placement
		Evaluation Process
		“Play up” Situations
		Coaching issues positive or negative
<b>Player</b>	Coach	Player Expectation
		Tactics
		Performance
		Playing Time
		Game/Practice Attendance

<b>Coach</b>	* Recreational League Coordinator	Parent Issues
		CISC/MYSA Forms/Policy Questions
		Tournament Registration
		Background checks
		Uniforms
		Player Issues
		Coaching Philosophy
	**Registrar	Player evaluations
		Rosters and Team Contact Info

\*Recreation League Coordinator: Erika Knight, [coaching@cisoccer.org](mailto:coaching@cisoccer.org)

\*\*Registrar: Jeremy Myers, [registrar@cisoccer.org](mailto:registrar@cisoccer.org)

## WEATHER GUIDELINES

MYSA Policy is located on their website at [MYSA Weather Policy \(mnyouthsoccer.org\)](http://mnyouthsoccer.org) .  
Referees and Coaches should adhere to the following:

### *Storms & Lightning*

If lightning is within five miles, even with or without hearing thunder, the game or practice should be suspended, and shelter sought. A lightning detector can identify the distance accurately but may not be available. A rough guideline is to measure the time between the lightning flash and hearing the corresponding thunder. If it is 30 seconds or less, seek shelter. It may not be possible to determine which lightning strike generated which roll of thunder. A simple rule: If you can see it or hear it, clear it!

Play should not be restarted for at least thirty (30) minutes after the last lightning strike is seen or a roll of thunder is heard.

### *Heat Index*

Games need to be adjusted to include the following listed below as the heat index rises:

- Mandatory water breaks
- Go to quarters
- Shorten the games

The following precautions must be followed when there is a possibility of dangerous heat conditions:

Temperature	Requirement
Up to 89°	Normal Play
90° - 99°	Mandatory two-minute water breaks per half with running time. Each half shortened by five minutes.
100° - 105°	Mandatory two-minute water breaks per half with running time. Each half shortened by ten minutes.
105°+	Suspend Play

### ***Cold Index***

The following precautions must be followed when there is a possibility of dangerous cold conditions:

Temperature	Requirement
46° and higher	No adjustments necessary
45° and lower	Additional clothing is allowed as long as it's deemed safe by the referee
40° and lower	Shorten games five minutes per half.
35° and lower	Suspend games.

## **PLAYER EXPECTATIONS**

### ***Uniforms***

Each Recreation League player will be provided with a Team T-shirt, black shorts and black socks for Summer Recreation League. During Fall Recreation League players are provided with a team t-shirt. Black shorts and socks should be provided by the families.

### ***Equipment***

Player equipment consists of the official CISC uniform (which includes shorts, shirts, and matching socks), shin guards, and cleats/tennis shoes. Note, it is the parents and/or guardians' responsibility to purchase appropriate shin guards and cleats/tennis shoes as they are not included in the uniform purchase. Each player is required to have an appropriate size soccer ball and water bottle. Cleats must be soft rubber molded. Cleated baseball or football are not

permitted. Players are also responsible for wearing shin guards, which are mandatory equipment for participating in soccer. Players' socks must always cover the shin guard and must not have any exposed hard edges.

### ***Jewelry – All Players***

No jewelry of any sort will be permitted, including but not limited to earrings, necklaces, bracelets, chains, chokers, rings, pendants, pins, buttons, watches, hard plastic and metal hair combs and barrettes. Corrective glasses (with straps), medical notification tags or bracelets will be permitted at the discretion of the referee.

### ***Discipline***

Each coach in the CISC is instructed to make all players aware and knowledgeable of unsportsmanlike behavior. Exhibiting the following unsportsmanlike behavior will not be tolerated.

- Abusive or foul language to a coach, parent, referee, or other player.
- Threatening actions or words toward a coach, parent, referee, or other player.
- Aggressive physical contact with the referee with deliberate intent to harm.
- Aggressive physical contact with another player with deliberate intent to harm
- Striking (closed fist) a referee
- Striking (closed fist) another player.
- Refusing to leave the playing area after an ejection

Players will be immediately expelled from the game. Additional disciplinary actions may be imposed after review of the incident by the CISC Board. This may include, but is not limited to, suspension during a game and/or potential revoking players' ability to play in the club for the remainder of the season.

Post-game both teams are to line up in an orderly fashion and shake hands. Verbal comments directed to the losing team will not be tolerated.

### **COACHES / ASSISTANT COACHES**

All coaches and assistant coaches must complete a background check, MYSA approved concussion training and SafeSport Health training per MYSA guidelines BEFORE Meet the Coach Night.

A minimum of one coach, assistant coach, or CISC board member (2 adults are recommended) must be present at all training sessions and/or games and must remain on site until the last child is picked up.

No one person can coach a recreational and competition team in the same season. In the event a coach feels as though they have the ability to coach two recreational teams in the same season, this will require board approval.

CISC will reimburse any coach 100% of accrued license fees upon completion of the course and license is granted. Receipts must be turned in to the Recreation Coordinator for reimbursement). Advanced license (Such as a C Coaching License) must have CISC board approval before registration. Reimbursement will be based on CISC boards discretion. Potential duration commitment to the club for volunteered service may be required depending on the request being made.

Coaches will be chosen and placed with teams by the Recreation Coordinator. CISC Board has the right to remove any coach at any time for any reason.

### ***The Coach***

The coach is one of the most important individuals in the CISC. A good coach is someone a child will remember long after the last game has ended, and the season is over. In keeping with the CISC philosophy coaches' duties include:

- Instruct and train players to develop and improve their abilities in the game of soccer.
- Build a positive environment.
- Ensure that all CISC, MYSA and FIFA rules are followed.
- Promote camaraderie and teamwork.
- Develop and practice the principles of fair play and good sportsmanship.
- Build good character.
- Improve physical fitness.
- Help children experience the fun and excitement of Recreation in an organized sport.
- Host team orientation meeting.
  - Introduce yourself, your philosophies, and your objectives for the season.
  - Pass out the roster, schedule, and relay any other information given by CISC

### ***Coaching Expectations***

All adults participating in CISC must meet and pass the MYSA Adult Participation requirements of a Background Check, Safesport Training and Concussion Training

1. All Coaches are expected to treat all players, parents, officials and spectators with dignity and respect at all times. You represent CISC every time you step on the field, and we expect all our coaches to act in a professional manner.
2. Coaches must communicate with teams on a regular basis.

3. You are responsible for each player until they are picked up by their parents or guardian. Under no circumstance should a player be left alone or without proper supervision at any practice or field location.
4. Coaches are expected to follow MYSA Coaches Code of Ethics and CISC Coaches Code of Conducts.

### ***Assistant Coaches***

Assistant Coach will be selected by the CISC board. Assistant Coaches can run practices and games in the event of the Head Coach's absence. They are also expected to be in attendance and assist during games.

### ***Coaches Training***

Coaches must have a working knowledge of the game and aggressively pursue an understanding of the game in order to effectively coach. CISC is committed to providing training and licensing opportunities for our volunteer coaches. Through these classes coaches will receive instruction on basic skills, knowledge of the game, and other relevant information.

### ***End of Season Coach Evaluations***

Coaches will fill out online player evaluations at the end of each season. Coaches will also be evaluated by their teams at the end of each season. The goal for both evaluations is to identify areas of strength and areas of improvement so that all involved can continue to progress in their soccer development.

## **COACH EQUIPMENT AND SUPPLIES**

Before each season begins, each coach will be provided a coach's bag and equipment. At the end of the season, the borrowed items must be returned to the Recreation Coordinator with all items received upon issuance.

## **TEAM TRAINING**

Team coaches provide all training for their teams. The expectation is to practice one (1) times/week on Tuesday nights and have one (1) game a time/week on Thursday nights.

## **BEHAVIOR OF COACHES, PLAYERS, AND PARENTS**

Soccer belongs to the players. Adults must understand this and put the welfare of the player and the game ahead of their personal desires. Adults must never place the value of winning over the safety and welfare of the players. Each coach is responsible for the conduct of his/her players and team parents/supporters. Coaches and parents have an obligation to teach good sportsmanship by both word and example. Exhibiting the following unsportsmanlike behavior will not be tolerated. Coaches and parents will be immediately expelled from the game and additional disciplinary actions may be imposed after review of the incident with the CISC Board members. Referees, Coaches and CISC Board members are authorized authorities that can expel CISC fans from a game.

- Threatening actions or words towards players, referees, or other parents.
- Excessive, abusive language to players, referees, or other parents.
- Aggressive physical or vocal contact with another parent.
- Refusal to leave the playing field after an ejection.
- Constant and excessive verbal harassment of the players.
- Instructing players to play in a deliberately dangerous or unsportsmanlike manner.
- Coaches or parents entering the field with the intent to show disrespect to a player or referee.

Unsolicited behavior can result in being expelled from the game. The CISC Board will convene to review the information and determine any additional action deemed necessary. Continued improper behavior will result in their expulsion from CISC.

Game decisions by referees may not be questioned. Public or private criticism of referees by coaches, players and parents is not permitted.

It is against the rules of the CISC for a coach, parent, or player to harass, threaten or intimidate a referee in any way. This includes before, during and after all games, in sight of or in earshot. Failure to comply will result in immediate expulsion with an additional one (1) game suspension.

Players not in the game along with spectators must remain at least three (3) feet back from the touchlines and will not sit in the area from the goal line to the goal line. In accordance with MYSA insurance policy, no one is permitted behind the end lines.

The coach must discuss team rules/expectations and disciplinary actions with the parents and players at the teams' first meeting. Difficult situations shall be referred to the Recreation League Coordinator.

## **BLOOD AND BLEEDING**

CISC is concerned that all those in the league take appropriate precautions to prevent the transmission of blood borne and infectious diseases. A player, coach or referee who is bleeding, has an open wound or has blood on the uniform or body shall be prohibited from participating until appropriate treatment is administered.

Precautions for reducing the potential for transmission of infectious agents should include, but not be limited to, the following:

- A bleeding player will be removed from the field of play for treatment. The player will not be allowed to reenter the field until the wound is cleaned and dressed. If any part of the uniform has blood on it, the part must be changed or covered by another article of clothing.



- Routine use of gloved or other precautions to prevent skin and mucous membrane exposure when contact with blood or other body fluids is anticipated,
- Cleansing of hands and other skin surfaces, if contaminated, (in contact) with blood or other body fluids and immediately after removing gloves.
- Coaches with bleeding or oozing skin conditions should refrain from all athletic care.

**\*\*\*Notice: Changes, additions and/or deletions to this handbook may be made without prior notice. \*\*\***

## APPENDIX A - PLAYER CODE OF CONDUCT



**Cambridge-Isanti  
Soccer Club (CISC)**  
950 3<sup>rd</sup> Ave NW  
Isanti, MN 55040

TO: All Player Participants within Cambridge-Isanti Soccer Club (CISC)  
FROM: CISC – Board of Directors  
DATE: 17 October 2022  
SUBJECT: Player Code of Conduct

As a player within the CISC, I agree to the following and uphold all requirements outlined below.

1. I will always uphold and play by the club rules.
2. At no time will I argue with a referee or assistant referee. If I disagree with any of the referees, I will speak with my team assigned coach.
3. I understand and believe that referees, just as the coaches and other fellow players, are attempting to do their best.
4. I agree to control my temper and maintain my emotions while avoiding bad and/or negative comments, gestures, and physical actions at all times. In addition, I know that purposely distracting and/or annoying an opponent is not allowed. I am a representation of the CISC and there will be no toleration for these actions.
5. My team's performance will benefit and so will I by working equally hard for myself and for my team.
6. I am expected to be a good sport and applaud all plays whether they are made by my team or the opposing. I will not make bad comments towards my team, the opposing team and/or any players on either team.
7. Treat all participants as I like to be treated. I will not bully or take unfair advantage of my competitor or team members.
8. I will cooperate with my coach, teammates, and opponents.
9. It is important to participate within CISC not only for my coaches and/or parent's benefit, but also for my own fulfillment.
10. Respect the rights, dignity, and work of all participants regardless of their gender, abilities, culture background, religion, and sexual orientation. There will be zero tolerance for infractions against the previously listed.



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11. I will maintain a positive attitude not only for myself, but also for my fellow team members, coaches, opposing teams, and additional participants within the club. I understand my attitude can influence those around me.
12. It is important to remember practices and training are just as important as games and my attendance helps my team. I will notify my coach if I must miss practice or a game.
13. I will play for the fun of soccer!

## APPENDIX B - COACHES & TEAM MANAGER CODE OF CONDUCT



**Cambridge-Isanti  
Soccer Club (CISC)**  
950 3<sup>rd</sup> Ave NW  
Isanti, MN 55040

TO: Head Coaches, Assistant Coaches and Team Managers within  
Cambridge-Isanti Soccer Club (CISC)

FROM: CISC – Board of Directors

DATE: 17 October 2022

SUBJECT: Coaches and Team Manager Code of Conduct

Coaches, Assistant Coaches and Team Managers are always responsible for the conduct of their players, themselves, and their side of the field specifically as it relates to the referee, coaches, and players. Verbal and/or physical abuse will not be tolerated.

All personnel coaching and managing a team (or teams) within CISC must adhere to the following requirements outlined below.

1. Remember that players participate for pleasure and winning is only a part of the fun.
2. Never ridicule or yell at players for making a mistake or not winning.
3. Be reasonable in my demands on players time, energy, and enthusiasm.
4. Operate within the rules and spirit of the game and teach my players to do the same.
5. Ensure that the time players spend with me is positive experiences. All players are deserving of equal attention and opportunities.
6. Avoid overplaying talented players. All players deserve appropriate playing and training time, regardless of their ability and if they are a child of the acting head coach, assistant coach and/or team manager.
7. Ensure that equipment and facilities meet safety standards and are appropriate to the age, maturity, and ability of all players.
8. Display control, respect, and professionalism to all involved with soccer. This includes, but is not limited to opponents, coaches, officials, administrators, parents, the media, and all additional spectators. In turn encourage the same expectation of players. Even as a volunteer the way you act is a direct reflection of the club and all that support the club.
9. Show concern and caution toward sick and injured players. Follow the advice of a physician when determining whether and injured player is ready to practice or play.



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10. Keep up to date with the latest coaching practices and the principles of growth and development of young players.
11. I understand that any contact with a player should be appropriate to soccer situations and necessary for the player's development. All other interactions other than dealings with soccer, training, and/or development is not condoned by CISC. Furthermore, as a head coach, assistant coach, and team manager I will ensure all communication held is in accordance with SafeSport guidance and rules.
12. Respect the rights, dignity and worth of every young person regardless of their gender, abilities, cultural background, religion, and sexual orientation.
13. Believe that my role as a coach is to contribute to the overall success, physical, and athletic growth of the player through participation in soccer.
14. Endeavor to be a good instructor and a positive role model for all players.
15. Remember my behavior brings credit to myself, the CISC organization, local community, and the sport of soccer.
16. Believe that referees, just as coaches and players are attempting to do their best.
17. Understand that my attitude can influence the players, coaches, and spectators.
18. Demand a sports environment for the children that is free of drugs, tobacco, and alcohol and I in turn will refrain from their use at all CISC soccer events.
19. I understand it is my job to protect the children of my team and not give out any private or negative information regarding a player at any time. This includes protecting participants' privacy, keeping information confidential, and/or allowing the participant to remain anonymous.
20. CISC counts on our volunteers to uphold a high standard in professionalism. While volunteering, I understand and concur that I will display a positive and respectful attitude, represent the organization in a responsible manner, and conduct myself in a professional manner, even when off duty.

## APPENDIX C - PARENT & SPECTATOR CODE OF CONDUCT



**Cambridge-Isanti  
Soccer Club (CISC)**  
950 3<sup>rd</sup> Ave NW  
Isanti, MN 55040

TO: All parents and spectators of player participants within  
Cambridge-Isanti Soccer Club (CISC)

FROM: CISC – Board of Directors

DATE: 17 October 2022

SUBJECT: Parent/Spectator Code of Conduct

As a parent or spectator of a player within the CISC, I agree to the following and uphold all requirements outlined below.

1. Be my child's best fan! Support my child unconditionally and make him/her feel like a winner.
2. Remember that children participating in the soccer club are doing so for their enjoyment, not mine. Encourage child to participate, do not force them.
3. Focus on the child's efforts and performance rather than winning or losing. Never ridicule or yell at a child for making a mistake or losing a game.
4. Encourage children always to play according to the rules and to settle disagreements without resorting in a hostile manner or violence.
5. Remember that children learn best by examples. Appreciate good performance and skillful plays by all participants.
6. Support all efforts to remove both verbal and physical abuse from all soccer activities.
7. Respect the decisions of officials and teach children to do likewise.
8. Learn the rules of the game, the rules of the CISC Complex and the policies of the organization.
9. Be kind and show appreciation to my child's coach, other volunteers (i.e. board members and concession staff) and to the referees. They are all volunteers – giving of personal time to provide a recreational activity for your child. They are providing a valuable community service, often without reward other than their personal satisfaction. Without them volunteering their time, your child could not participate.



**Cambridge-Isanti  
Soccer Club (CISC)**  
950 3<sup>rd</sup> Ave NW  
Isanti, MN 55040

10. Respect the rights, dignity and worth of every young person regardless of their gender, abilities, cultural background, religion, and sexual orientation.
11. Believe that referees, just as coaches and players are attempting to do their best.
12. I will refrain from speaking to officials unless it is to thank them after the game. If I have questions or concerns with the referee, I will speak to the coach after the game.
13. Understand that my attitude can influence others.
14. Demand an environment for my child that is free from drugs, tobacco, and alcohol while refraining from their use at all CISC soccer events.
15. Be sure my child is available for practices, training, and games. Practices and training are as important as games. Children who do not show up for practice and/or games are letting everybody on their team down. They have made a commitment to the season and if I know my child is unable to attend a practice or game, I will give the coach advance notice to enable proper planning.
16. Report to the coach all injuries, special medical conditions (i.e. asthma, etc.) or extenuating circumstances (such as lack of sleep or family crisis) as these may affect the player. The club does not need all details pertaining to these matters we ask just for a heads up.
17. Send a child ready to play. My child will be dressed in the appropriate uniform and will arrive on time.
18. Pets are not allowed on the CISC premises at any time.

*\*\*\* We ask that you relax and enjoy the game! Failure to comply with this code of conduct may possibly result in the removal of the offending spectator(s). Play will be suspended until the offending spectator(s) leave the area of game play. Failure to respond to an official's request to leave within ten minutes may result in the game being permanently stopped. All ejections will be reviewed by the CISC Board of Directors. \*\*\**

# APPENDIX D - FIELD MAP

