



BRW Blast - 10U Zmuda Team Summary: 2025-2026

Below you will find a summary of the 10U team plans for the 2025-2026 season. Some plans are subject to change depending on the specific needs and development of the team. Should you have any questions, please reach out via call or email.

Mike Zmuda – Head Coach
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Goals

The 10U Blast will work to develop strong and consistent travel ball players while maintaining a positive team dynamic. While our goal is to win games, our primary focus will be improving on the fundamentals of hitting, fielding, throwing, and catching. And having a stronger understanding of the game of softball.

Roster

12 players

Fees

\$2,700 per player for the season (includes uniforms, bat bag, and helmet).

*Payments can be made in full or split into 4 auto-pay installments. This year all payments are required to be made online. Credit card and processing fees are included in the total price listed.

Attendance

We are supportive of multi-sport athletes and encourage girls to continue to participate in other sports or hobbies. There is flexibility in the fall and winter, with proper advanced communication. However, during the spring and summer seasons, we do ask that BRW Blast be the top priority. It is expected that players attend all practices, games, and tournaments. Softball is a team sport and any player missing practices or games affects the whole team.

Playing Time

While we will have a heavy focus on development, we also want to be competitive as this is a travel softball team. Therefore, playing time is based on attendance, skill, and attitude.

Anticipated Schedule

Subject to change.

Fall (August through October)

- Team practice: 2x-3x per week.
 - One defensive practice, possibly 2, and one batting practice.
 - Batting practices will be in small groups to provide more individualized instruction to each girl. We work with a hitting instructor at the Willowbrook-Burr Ridge Sports Performance Center.
- Depending on field availability, the BRW Blast will host a Fall league. This would consist of games being played Friday – Sunday from September to October ending in a tournament.
- We will play individual friendly games and a few tournaments throughout the Fall.





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Winter (November through March)

- Team practice: 2x per week.
 - One defensive practice and one batting practice.
 - Indoor defensive practices will focus on skill building, conditioning, and agility training.
 - A specialized in-fielding coach will be brought in during the month of January.
- We will aim to have one bullpen practice a week for pitchers and catchers.
 - Pitchers and catchers are expected to get extra practice, attend camps, and work with a private coach throughout the year.
- The team will take the week of Thanksgiving off as well as several weeks in December/January for the Holidays. Practices will resume in mid-January.
- We will look for 1-2 indoor tournaments or round robins between December and March just to fit in some competitive play. Some of these events may require a hotel stay.

Spring/Summer (March/April through Mid-July)

- Team practice: 2x-3x per week.
 - Two defensive practices and one batting practice a week.
- The Spring season will begin in late March or early April, depending on weather. We will aim to play in 8-10 tournaments through early July.
- We will also attend a Nationals event to finish the season.
- Friendlies will be scheduled for additional practice and game play.
- We may have one or two out of town tournaments (2+ hours away) in the Spring which would require a hotel stay.
- Throughout the entire year we will have various team bonding parties and outings.

Coaching Staff

Head Coach - Mike Zmuda

Mike is a passionate and dedicated coach with over four years of experience managing softball teams. Beyond direct coaching, Mike was the Vice President of the Peanuts Softball Division on the local Little League Board. His experience in coaching and sports administration reflects a deep passion to promote a positive and engaging experience while developing the athletes both on and off the field.

Assistant Coach – Margaret Strojny

Margaret played elite travel softball for a total of nine years and played varsity softball all 4-years at Riverside-Brookfield High School. She had offers to play college softball but ended up at the University of Alabama rowing on the club team for the first two years and the Varsity Woman's team the last two years. Margaret was honored to be Captain of the Varsity Rowing team senior year. She has 9+ years coaching Little League, four years coaching in the BRW Blast Organization and six years instructing private pitching lessons.

Assistant Coach - Sandy Blary

Sandy brings over six years of coaching experience and a lifelong passion for softball. A former player at the University of Illinois, she is dedicated herself to developing and empowering young female athletes. Sandy is committed to helping each player build confidence, improve their skills, and grow into well-rounded athletes.