

# Information to Parents

# Please read this, it is very important

# SAY SOCCER INFORMATION:

Web Sites:

http://www.SAYofChicago.com/ (Say Chicago)

http://saysoccer.org/ (National Say Soccer)

Say Chicago Hotline: (312) 458-9388

#### SOCCER PRACTICE/GAME INFORMATION

#### Philosophy & Objectives:

- 1. Fun The SAY motto is "KIDS HAVING FUN"
- 2. Teach Soccer fundamentals & teamwork
- 3. A safe environment
- 4. Our success will be measured by the above & by our improvement, not by wins & losses.

#### Equipment:

- 1. Remember to wear proper shinguards to every practice/ game. Shinguards <u>must be</u> <u>covered with socks</u>.
- 2. Bring appropriate shoes. No shoes with front cleats may be worn (i.e., no baseball or football shoes if they have a front cleat, unless you cut it off). Only rubber cleats are allowed; metal cleats are not allowed.
- 3. <u>No jewelry</u>, metal devices, or hazardous equipment may be worn.
- 4. <u>Bring a drink</u> for during the game. (Water, power drink or similar) Snacks and drinks will be distributed after each game.
- 5. Each player should have a soccer ball (stitched ball preferred) of size #3 for U5 and U7, #4 for U9 and U12 (Junior Premier League) and # 5 for Premier League. The ball size is shown on the ball. <u>Mark the ball with your child's name.</u> Don't get a ball that is too heavy or hard (some seamless balls are especially hard).

# **Expected Behavior:**

# By Parents:

- 1. "Positive encouragement is good; negative comments are bad."
- 2. Let the coaches coach If a player has too many coaches, it is confusing for him/her and his/her performance usually declines.
- "Cheering is good, but do not yell at your child or anyone else's child during the game. It can be distracting & what you tell them may be different from what the coaches are saying."
- 4. "Be careful not to say anything that might be taken the wrong way or hurt someone's feelings. Remember: this is for fun & these are children."
- 5. "Be a good role model & a good sport."
- 6. "Do not yell at the coach or referee, or say anything bad to or about the other team. Never boo the other team or cheer when they make a mistake."
- 7. Please stay on the sideline at all times, unless the coach asks you to approach the field.
- Sign up for snacks. Make sure you show up with snacks when it is your turn to bring them. If you cannot make your turn, please switch with another parent and tell the Team Manager. <u>The kids depend on you!</u>
- 9. After each game, please make sure you look around your area and remove any trash you see, whether it belongs to you or not.

# By Players:

## A. <u>Behavior Rules</u>

- 1. Everyone must follow all directions given by the coaches & assistant coaches
- 2. Everyone must have fun!
- 3. "When the coach talks you must be still & listen"
- 4. If the "whistle' is blown, you must stop and listen to directions
- 5. It is expected that everyone is a good sport whether we win or lose (this includes parents)
- 6. "No cursing or name calling".

#### B. <u>Safety Rules</u>

- 1. Keep your hands to yourself
- 2. Do not kick the ball in the air unless the coach tells you it is okay (otherwise kids will be getting hit in the back of the head)
- 3. Pay attention

#### Suggestions:

- 1. Play soccer with your child at home
- 2. Practice at home with your child what they learn at soccer practice

**Medical Conditions:** If your child has a Medical Conditions please let the coach know.

I am excited about coaching your child this season. Please call me if you have any questions or anything to discuss. If a game schedule isn't attached, I will hand it out later.