



Anti-Bullying Contract

Bullying is unwanted or aggressive behavior that involves a power imbalance, real or perceived, between individuals with the intent to cause harm. In situations involving children, both those who are bullied and those who bully others, may suffer serious and lasting problems.

Verbal bullying is saying or writing offensive remarks. Examples include: teasing, name calling, taunting, and threatening to cause harm.

Social bullying, sometimes referred to as relational bullying, involves hurting someone's reputation or relationships. Examples include: purposefully leaving someone out of the activity, telling others not to be friends with someone, spreading rumors about someone, publicly embarrassing someone, posting embarrassing pictures/videos, rumors sent by email, text, or social media sites (i.e. cyber bullying).

Physical bullying involves hurting a person's body or possessions. Examples include: hitting, kicking, pinching, spitting, tripping, pushing, taking/breaking someone's property, making rude hand gestures.

Athletes, Parents, Coaches and Board Member agree to the following:

- I will NOT bully teammates, parents, coaches, board members or game officials.
- I will stand up for myself, walk away, or ask a teammate, parent, coach or board member for help if a teammate, parent, coach or board member bullies me.
- Report bullying to a coach, parent, or an EGSA board member when you see it.
- Work together and treat each other with respect so bullying does not happen.
- Report any cyber bullying to your parents, coach, or EGSA board member immediately.

Policy & Consequences: (Applies to athlete, parents, coaches and board members)

The EGSA board of directors will review all issues and make final decisions.

- Every attempt will be made to adequately investigate and fairly assess the severity of an alleged bullying incident. All parties involved will be kept informed and are required to cooperate fully with EGSA to remedy the situation.
- Disciplinary actions for those individuals found to have violated the Anti-Bullying Contract
 - First offense - verbal and written warning (athlete, parents, coaches, and board members)
 - Second offense - game and practice suspension for 1 week
 - Third offense - banned from participating in EGSA activities

Athlete Signature:

Date:

Parent Signature:

Date: