December 3, 2013 Volume 1. Issue 4

SPACE COAST UNITED SOCCER CLUB

YDP /Academy Fall 2013 Retrospective

We had nearly 700 kids in the Youth Development (YDP) and Recreational programs this season. The Academy grew from around 50 players to 114 with more players at U9 and U10. Academy teams participated in two Jamborees with Orlando City and FC America in Sanford to introduce our younger players to an environment outside of Brevard County and exposing them to Clubs that attract players from an urban population.

Micro and Minikickers included over 70 children this season at Wickham and Viera. We may also be offering these programs at Indian Harbour Beach (IHB) in the Spring. YPD also anticipates the introduction of a girls only program at U7/U8 and U9/U10. We are aware we need to provide a more girl-friendly environment and plan to have this fully implemented by Fall 2014.

Spring YDP will also see an expansion of the Parent Coach and Trainer Education Clinics that help our group of paid and volunteer staff deliver the Club curriculum more effectively. These sessions will be built into the regular season rather than result in an even bigger time commitment from our parents and staff.

The expansion and integration of IHB this fall means we now have three training locations and a presence beachside.

YDP and Rec was happy to be a part of the biggest Fun Day the club has had yet in terms of participation and activities for our members. We were delighted to see our members from Viera, Wickham, and IHB having a great time.

TOPSoccer Season in Full Swing

This year's TOPSoccer program has had two sessions so far and by all reports, a good time has been had by all. We were thrilled to receive a wonderful email from a family new to the program. They were extremely complimentary saying they were "very impressed by the level of organization and the happy attitudes and willingness of all of the volunteers."



One of the new buddies this year, Liam Fuller, is thoroughly enjoying the experience and has taken it upon himself to learn basic sign language to communicate with one of his young players. He was quite excited when he felt he successfully expressed himself at the second session.

We sincerely strive to not just meet, but exceed everyone's expectations by partnering with parents to understand each child's boundaries and needs.



Inside this issue

Upcoming Events2
November Fundraisers2
Toys for Tots2
Phoenix Cup Results 3
SCU/IHB Girls Teams3
Game Day Nutrition3
Select Teams 4
Winter/Spring Registration 4
Working w/ 14-16 Year Olds 4
Spectator Behavior5
Viera Light Parade5
Raffle Winners5
Spirit Wear Photo Link 6
Club Mission Statement 6

Board of Directors

- President: Kevin Neighbor
- Vice-President: Jeff Etrick
- Treasurer: Jeff Leonard
- Directors:

Danica Blanchard Lisa Cerrato Kim Chairvolotti Ann Fuller Toby Gutierrez Rob Irons Mike McGonagle Kevin Murtha Jennifer Neighbor Lew Storum Jerry Zinone

Staff

- Director of Coaching: Scott Armstrong
- Director of Academy: Rob Dinnie
- Administrator: Marisa Whisel



To Submit Tournament Results and Pictures

They'll be posted to Facebook and included in future Newsletters!

Media Email

Upcoming Events

December 73 v 3 Tournament
Viera Regional Park

December 21-23
Striking/Finishing
Camp
Wickham Fields

January 11, 25 & February 1, 8 & 15 4 v 4 Street Soccer Wickham Fields

January 18-20 Space Coast Cup 11 v 11 Tournament Viera Regional Park

Sundays throughout the Winter

Pickup Games for All Ages (including adult) Wickham Fields 1:30—whenever you get too tired to go on

November Fundraisers: World of Beer & Casino Night



World of Beer Spirit Night

Space Coast United cannot possibly express how much the efforts of everyone who helped with the World of Beer Spirit Night on November 09 and Casino Night on November 16 are appreciated.

We rely on our volunteers and the success of our fundraisers to keep registration costs reasonable while continuing to provide quality service to our members and the greater community.

We are grateful to everyone who organized these affairs behind the scenes, attended the events, donated items for raffle and auction, and supported the club in almost every way imaginable. Thank you so





Casino Night

"Before kids can play like a pro, they must enjoy playing the game like a kid." - Steve Locker in Playing for the Long Run

Space Coast Supports the U.S. Marine Corps Reserves Toys for Tots Program

The mission of the U. S. Marine Corps Reserves Toys for Tots Program is to collect new, unwrapped toys during October, November and December each year, and distribute those toys as Christmas gifts to less fortunate children in the community in which the campaign is conducted. The primary goal of Toys for Tots is to deliver, through a new toy at Christmas, a message of hope to less fortunate youngsters that will assist them in becoming responsible, productive, patriotic citizens.

This year's theme is "Learning is Fun." Each child supported will receive at least one educationally focused toy appropriate for their age and gender.



Space Coast United is helping support the mission by collecting new unopened toys for the program here in Brevard County.

If you would like to contribute, simply bring a toy to the Viera Fields from 9:00 a.m.—3:00 p.m. on Sunday, December 7 during the Challenge Sports 3 v 3 Tournament. Or email board@spacecoastsoccer.org and we will make alternative arrangements for your donation.

Phoenix Cup Tournament Results

November 23-24



U12 Boys Finalists after a soggy blustery match.

The Space Coast U12 and U14 Boys and the Space Coast/Indian Harbour Beach U12 and U13 Girls represented our club in the Phoenix Cup tournament in Palm Bay the weekend before Thanksgiving.

The U12 SC/IHB finished first in the Silver division and then handily beat South Brevard 6-1 to become tournament champions! The U13 SC/IHB Girls challenged themselves by playing up with a U14 group, placing fifth in their group ahead of Florida Rush.

The U12 Boys finished first in their bracket of the Silver division, placing second in the tournament in a close Championship loss to FC America 1-2. The U14 Boys finished third in the Gold division above Indian River Soccer.

U12 Girls

Coach Jim DesLonde Assistant Coach Chris Webb Trainers Dave Keldsen and Andy Caruso

<u>U13 Boys</u> Coach Kevin Murtha Assistant Coach Rich Stein Trainer Dean Flexton



U12 SC/IHB Girls: Tournament Champs!

CONGRATULATIONS!

SCU/IHB U12 and U13 Girls

Another Beautiful Example of our Commitment to Community On and Off the Pitch

Coach Alyssa Esposito and the Space Coast United/Indian Harbour Beach U13 Girls team are helping to spread joy and love to other parts of the world by participating in Operation Christmas Child. Since 1993, this program has sent shoebox gifts to more than 100 million boys and girls in over 130 countries

The girls packed shoe boxes of toys, school supplies, and hygiene items to be distributed

to children in need around the world with the help of the Samaritan's Purse International Relief organization. These young ladies are a great model of generosity and communal spirit!

The U12 SCU/IHB team deserves congratulations for their work on the pitch this fall. They placed first in the BYSL this season and have won championships in tournament play as well. This is a new team for Space Coast/Indian Harbour Beach and they have worked very hard in their first season together.



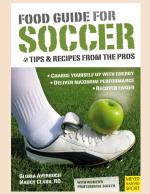
Game Day Nutrition

By Diogo Ferrira, RD

Soccer is the world's most practiced sport. Soccer athletes tend to keep pace with new techniques and tactics, but many don't accompany that progress with the latest in nutrition-for-soccer. In fact, most soccer players I consult aren't aware of how much good nutritional strategies can optimize physical and even psychological outcomes.

READ MORE at <u>The Soccer</u> Diet

Diogo Ferreira is a Registered Dietitian who is specializing in Sports Nutrition. He recommends the following book:



Youth Soccer Websites

Florida Youth Soccer Association

National Premier Leagues

US Youth Soccer

Brevard Youth Soccer League

Greater Central Florida Youth Soccer League

Select Teams

Our competitive teams have had a good solid start to the 2013-14 year. Several teams have placed at or near the top of their groups in fall league play.

We can boast Semi-finalists, Finalists, and Champions at the Central Brevard Hurricane Classic, Adidas Columbus Day Classic, Brevard Fall Challenge, and the Phoenix Cup.

Squads from our U12, U13, and U14 teams participated in the Disney Junior Soccer Showcase the weekend after Thanksgiving, gaining valuable competitive experience at an elite level.

Our NPL teams are showing that a non-urban club can certainly hold their own in a state-wide premier league.

Space Coast at ESPN Wide World of Sports





Are you registered for our winter programs at Wickham Park or Spring YDP/Rec yet?

Register On-line!

Come on out to Wickham
Park on Sundays at 1:30 for
pick up games for all ages!
We play until too tired to
move any more.



"You are never really playing an opponent. You are playing yourself, your own highest standards, and when you reach your limits, that is real joy." - **Arthur Ashe**

Working with 14-16 Year Olds, Dealing with a Different Animal... by Nick Levett

"Across the country we have a challenge in youth football - when we get to U14 and upwards we start to see a decline in young people playing the game. This continues as a challenge in the transition from youth to adult teams and it all falls in line with a time young people experience some of their biggest changes. As well as growth and maturation developments being at their fastest for many young people, it coincides with exam pressures and a shift in their priorities too. As a young person eleven years old and below, their interest is in pleasing adults and as they get older, this shifts into impressing their peers before they start to connect to others and the world around them..."

Nick Levett is the the National Development Manager for Youth and Mini-Soccer, P/T Academy Coach at Fulham FC. You can read the rest of this article at his <u>Youth Football Development Blog</u>.



Appropriate Spectator Behavior

Let's Show Florida How It's Done!

Soccer clubs and teams throughout the state of Florida recently received a letter from the president of the Florida Youth Soccer Association (FYSA) concerning player and parent misconduct; before, during, and after games. These incidents have included verbal and physical abuse aimed at other spectators, players, game officials, and site personnel.

FYSA has placed all clubs, coaches, and managers on notice that this type of behavior will not be tolerated and shall cease immediately. As spectators are not registered members of FYSA, they will hold coaches and managers fully responsible for any misconduct reported by game officials. Sanctions may be imposed against the club, player, coaches, and managers based upon the severity of the reported misconduct.

Our current Board of Directors is dedicated to the goal of elevating Space Coast United to be an elite club in the state of Florida. To achieve this goal, not only do we need to continue developing players at all levels, but amongst other things, we need all members and players of our Club to respect the game of soccer. To do so, we must respect all aspects of the game, including referees, opposing players, and their parents.

Recently, there have been allegations from other local clubs concerning alleged misconduct on the part of Space Coast parents. While we believe the allegations largely lack merit, this is a great opportunity to remind everyone that our teams are quite visible at the local, state, and possibly national levels. This is especially significant when we participate in jamborees, tournaments, and showcases, but always relevant in local league matches as well.

Our parents should remember they represent Space Coast United Soccer Club at all times. We should all conduct ourselves in a way that promotes high standards of behavior in the game to ensure that our children enjoy soccer in a safe and positive environment. We want to set a high standard for exemplary spectator attitudes and actions that indicate we are indeed an elite club.

Thank you for your attention to this matter and we hope everyone is excited about the upcoming winter tournaments, Region and State Cup competition, and spring league play.

See you at the fields!

Volunteers Needed!

3 v 3 Tournament

Saturday, December 7

Space Coast Cup

Saturday, January 18— Monday, January 20

Space Coast Turns Out for the Viera Light Parade



Click on the picture to see video of the parade!

Congratulations to Some Recent Raffle Winners

Fall Fun Day

- ◆ 4 One Day Disney Passes : Karen Lieb
- Victory Casino Cruise for 2: Zulema Cruz
- Orlando City Soccer Gift Bag: Jackie Schmidt
- Winter Camp: Scott Jensen
- ◆ 2 Hours Training with Coach Rob: Keldsen Family

Casino Night

- ◆ Comp Uniform: Jeff Leonard, Mike McGonagle, Elena Dal Vecchio
- Winter Camp: Alicia Brooker
- Spirit Pack: Carol-Ann and Isadora
- ♦ DeLUCAS: Tami Vitaliano
- Varsity Soccer GC: Debbie Etrick
- The Resort on Cocoa Beach: Tamela Baker

Thanks to everyone who donated items and bought tickets at our November fundraising events.

Your generosity is greatly appreciated!

SCUSC PROGRAMS

Micro/Mini-Kickers Ages 3-5

Youth Development and Academy Ages 4-11

Competitive: Select/NPL Ages 9-19

Recreational Ages 13-18

Goalkeeper Academy Ages 9-19

TOPSoccer Ages 4-19

CLUB MISSION STATEMENT

Established in 1984, Space Coast United Soccer Club is a non-profit organization run by volunteers dedicated to families who wish to enjoy the sport of soccer and to provide opportunities to play at all levels from ages three to eighteen with the highest quality of programs available in the State of Florida. Our efforts and energies are directed to the following objectives:

- We strive to develop players at all levels of play recreational and competitive by building and improving their skills, confidence, fitness, initiative and a sense of teamwork.
- We are committed to developing coaches and referees to the highest level through a quality instructional, licensing and mentoring program.
- We aim to ensure all of our players' personal goals are met whether they be enjoying recreational soccer, playing on an elite or premier competitive team, playing on your high school team, playing in college, or on an U.S. National team someday.
- We promote and encourage high standards of sportsmanship and fair play and strive to ensure all players are doing it "For the love of the Game!"



WIN A SCHOLARSHIP FOR A PLAYER IN NEED

EACH PIECE OF CLUB APPAREL YOU BUY
THROUGH THE REST OF 2013 WILL ENTER
YOUR CLUB INTO A DRAWING FOR A
\$1000 SCHOLARSHIP.*



"If you truly expect to realize your dreams, abandon the need for blanket approval. If conforming to everyone's expectations is the number one goal, you have sacrificed your uniqueness, and therefore your excellence " ~ Hope Solo, Goalkeeper, U.S. National Women's Team

Space Coast United Soccer Club

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Please send any article suggestions, photos, and information you feel important to include in future newsletters to mediadirector@spacecoastsoccer.org





