SPACE COAST UNITED SOCCER CLUB Inaugural Space Coast Cup

What better way to start a new year than with a weekend chock full of exciting soccer? Our club hosted the first of what we hope will be many Space Coast Cup tournaments the weekend of January 18-19. The event included 43 teams with Space Coast fielding 16 squads in the competition. The brisk weather made for some rather chilly viewing from the touchlines, but on the pitch our teams were hot. Half of our teams finished in the top 1 or 2 spots in their brackets and nine ended the tournament as Semi-finalists, Finalists, or Champions!

Champions

U10 Boys Silver: U9 Academy U11 Girls: Academy U12 Boys: Select Team U14 Boys: Travel Team

<u>Finalists</u>

U10 Boys Gold: Academy Red U12 Boys: U11 Boys Academy U15 Girls: Select Team

Semi-Finalists U10 Boys Gold: Academy White U12 Girls: U11 Academy



The club would like to thank every single one of the volunteers who made this event and the 3v3 tournament in December a success. We truly cannot do this without their generosity of time and spirit. *(Team Photos on Page 9)*

Space Coast United Keeper Attends U.S. National Women's Camp



Brooke Bollinger was invited to attend the National Soccer Team training camp January 4-11 in Carson, California, for U15 girls. Brooke was one of only two goalkeepers in the nation at the camp, and the only player from Florida invited.

She loved the experience and says it was a great opportunity to adjust to new coaching techniques and styles. Brooke found it challenging but thrilling when they broke everything down to the small details and she is grateful that she learned a lot in her week at camp.

Not only did she get some great training, Brooke had the chance to watch some of her favorite keepers, Hope Solo and Ashlyn Harris, train at the highest level.

Brooke dreams to one day follow in their footsteps and be a part of the U.S. National Team representing the United States at the Olympics and in the World Cup. (*cont. page 3*)



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- Director of Coaching: Scott Armstrong
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- Administrator: Marisa Whisel



To Submit Tournament Results and Pictures

They'll be posted to Facebook and included in future Newsletters! Media Email

If you are wondering why your team has not yet been featured in the newsletter or on our Facebook page, it is simply because we have not received any information or photos.

Anyone may submit pictures and team/player articles, not just coaches and team managers.

We are always happy to share the accomplishments of all of our programs, teams, coaches, volunteers, sponsors, and playersfrom Microkickers to College Bound Seniors.

If you have a great story let us know!



TOPSoccer in January

After a few unfortunate cancellations in December due to uncooperative weather, our TOPSoccer program got back into full swing with the start of the new year. From about 2:00 to 3:00 on Sunday afternoons January 5, 12, and 26, Viera Field 4 was full of activity and laughter. The session on January 26 concluded with an enthusiastic ball toss in a parachute and a rather rousing game of Duck, Duck, Goose.

It is often difficult to tell who is having more fun, the participants or their buddies. The participant athletes range in age from pre-school to teenagers and work hard! If you know someone who would enjoy the experience as either a participant or a buddy, please contact Kevin or Jennifer Neighbor for more information.









Space Coast Cup Tournament Pictures

January 18-19



U11 Girls Academy

For more action shots, results announcements, and tournament commentary, visit our <u>Facebook page</u>.



U12 Boys Travel



U10 Boys Academy

Keeper Attends U.S. National Women's Camp (cont. from front page)

Brooke plays on the Space Coast U15 Girl's NPL team coached by Fidgi Haig and Brian Lundy. This is Brooke's first year with Space Coast United. She transferred to the club from the Indialantic Force where she has played soccer since the third grade. Her Indialantic coach, Georges Aboutanos, encouraged her to try out for the Olympic Development Program a year ago. His confidence was clearly well placed and Brooke values his support and guidance. Brooke will head to Costa Rica in February for an event with her ODP regional team.

Space Coast United Goalkeeper Trainer, Mike Potier, says, "Brooke always works hard at every session. She knows that in order to develop as a player and play at the next level you have to train hard and have a good attitude and work ethic. She has both and is willing to do what is necessary to improve."

Brooke enjoys the goalkeeper position because she finds the training fun and she loves to dive and be aggressive to keep the ball out of the net. She credits her trainers, Katie Fraine and Mike Potier for helping her prepare for the goal and she knows she must continue to break down the position in order to keep moving forward. Brooke shared some excellent advice for other young girls hoping to do well in the sport. "Make sure you're having fun!" We couldn't agree with her more.



What Teachers Can Teach Coaches

Interview with Doug Lemov by Mike Woitalla

SOCCER AMERICA: Since you've been observing some top youth soccer coaches, are there any significant traits you've noticed that successful coaches and teachers share?

DOUG LEMOV: Absolutely. I mean, there are a lot since, to me, coaching is a form of teaching. So of course there are deep similarities. One of the most important is a slightly obsessive focus on mastery. The great UCLA basketball coach, John Wooden, said that effectiveness in coaching (or teaching) was understanding the difference between "I taught it" and "They learned it." That's one of the hardest skills in teaching but it's so important to look at what students are doing and say: "Are they mastering it?" and to take action if they're not. It takes humility and discipline to look carefully to see that, to observe and ask not, "are they doing it?" but "are they doing it right?" Successful coaches, like successful teachers, do that

To read the rest of the interview, go to SoccerAmerica.com

Who are the Micro Kickers?

What Makes A Nightmare Sports Parent -- And What Makes A Great One By Steve Hanson

Hundreds of college athletes were asked to think back: "What is your worst memory from playing youth and high school sports?"

Their overwhelming response: "The ride home from games with my parents."

The informal survey lasted three decades, initiated by two former longtime coaches who over time became staunch advocates for the player, for the adolescent, for the child. Bruce E. Brown and Rob Miller of Proactive Coaching LLC are devoted to helping adults avoid becoming a nightmare sports parent, speaking at colleges, high schools and youth leagues to more than a million athletes, coaches and parents in the last 12 years.

Those same college athletes were asked what their parents said that made them feel great, that amplified their joy during and after a ballgame.

Their overwhelming response: "I love to watch you play."

There it is, from the mouths of babes who grew up to become college and professional athletes. Whether your child is just beginning T-ball or is a travel-team soccer all-star or survived the cuts for the high school varsity, parents take heed...

Read the rest of the article at The Post Game. They are thoroughly adorable young soccer players for one thing. Many in our club are familiar with the Minikickers program, but less familiar with the Microkickers.

The objective is to replicate the back yard environment in which most young players are introduced to soccer by helping to educate parents on activities that can be used in this situation. Microkickers is a specific physical play



program for children as young as 3-4 years old. It's aimed at giving children their very first start with the ball. The sessions involve both the parent and their child participating with the practice.



The practice activities are based on a philosophy that utilizes the child's imagination to create a positive, exciting, and fun soccer environment. As a result of this soccer philosophy, we create a fun, yet highly active and pressure free practice.

Microckickers uses soccer to develop not only coordination skills but emphasizes socialization as our medium and of course a child attending this program will greatly develop their skills in this area. But Microkickers is about a great deal more. We strive to provide them with a well-rounded start in their physical, social, and educational development. Developing the "whole child" is an important component of our club's mission.

Parents find the experience rewarding as well. It is an excellent opportunity to spend quality time with your child and share a mutual interest that can grow over the years. Microkicker parents also build on their love of the game and some go on to

become youth development coaches.

If you haven't had a chance to do so yet, and see them working out at the field, come watch our youngest members of the club get their first touches on the ball. It's the Beautiful Game at it's cutest!

Academy Jamboree: January 11, 2014 at Viera Regional Park



Media Director Forming New Communications Team

As a part of our on-going effort to consistently improve communications within the club and throughout the broader community, we are forming a volunteer communications team to help in that initiative. The team will primarily be responsible for the club's newsletter, press releases, and social media activity.

The time commitment is difficult to predict as it depends upon the size of the team and how well they support one another. It will increase during the fall and spring seasons and be fairly minimal during the winter and summer breaks. Ideally, the team will require no more than an average of 1-2 hours per week. Serving actively on the team automatically satisfies the member's club requirements for volunteerism and does not require the completion of the SCUSC Volunteer Log.

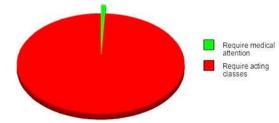
Applicants must have access to a computer with standard office programs and have basic computer skills. They should be in a position to check email regularly and commit to a consistent level of timely responsiveness. Group members should be proficient with written communication, have good organizational habits with an attention to detail, and work well in a team. Photography, photo editing, and/or desk top publishing experience are a plus.

Accepted applicants must commit to one to two hours of training with the Director of Media Relations before assuming their responsibilities. They continue to receive "on the job" training and coaching as needed. Accepted applicants agree to serve in this capacity for a minimum of 12 months.

If you are at all interested, please send an email describing your interest and qualifications to Ann Fuller at <u>asfuller@cfl.rr.com</u> by February 15, 2014. You may also email Ann with any questions to see if you might be a good fit. 5-6 individuals will be accepted and notified by February 28.

"Never give up, never give in, and when the upper hand is ours, may we have the ability to handle the win with the dignity that we absorbed the loss." ~ Doug Williams

Type of Soccer Injuries





Coach Kevin Murtha's U12 Boys' team pulled off two championship wins in a row! They took the title at the Space Coast Cup and repeated the feat the following weekend at the Winter Classic hosted by Central Brevard Soccer in Merritt Island.

Region B Cup Competition

Region B Cup challenges teams from around Florida's Region B (including the East Coast of Florida from Jacksonville to Indian River County and west to include the Orlando metro area and North to include Gainesville) to compete for the Region B Championship. Winners from Florida's 4 regions go on to the Florida President's Cup to determine which teams get the opportunity to represent the State of Florida in the Regional and then National Presidents Cup tournament.

The US Youth Soccer Presidents Cup is designed for those teams seeking additional challenges to play against teams of similar abilities for a national title. The cup provides a progressive, competitive experience to teams that might not otherwise get the opportunity to participate in a series of unique experiences highlighting competition, camaraderie and community from the state to regional to national levels of US Youth Soccer.

US Youth Soccer Regional Presidents Cup events will determine the regional qualifiers that will compete in the US Youth National Presidents Cup. Regional winners in the Under-13 through Under-17 groups, both boys and girls, will vie for the national title.

In 2013, 218 Boys teams and 178 Girls teams competed for the title in Region B Cup. This year, Space Coast United Soccer Club has 10 teams entered in the event.

Club 2013 Region B Cup Success: *Boys* U13 – Round of 16

U14 – Round of 16

Girls

U12 – Finals - 3rd Place U14 – Round of 16 U16 – Finals – 2nd Place

SCUSC PROGRAMS

Micro/Mini-Kickers Ages 3-5

Youth Development and Academy Ages 4-11

Competitive: Select/NPL Ages 9-19

Recreational Ages 13-18

Goalkeeper Academy Ages 9-19

TOPSoccer Ages 4-19

CLUB MISSION STATEMENT

Established in 1984, Space Coast United Soccer Club is a non-profit organization run by volunteers dedicated to families who wish to enjoy the sport of soccer and to provide opportunities to play at all levels from ages three to eighteen with the highest quality of programs available in the State of Florida. Our efforts and energies are directed to the following objectives:

- We strive to develop players at all levels of play recreational and competitive by building and improving their skills, confidence, fitness, initiative and a sense of teamwork.
- We are committed to developing coaches and referees to the highest level through a quality instructional, licensing and mentoring program.
- We aim to ensure all of our players' personal goals are met whether they be enjoying recreational soccer, playing on an elite or premier competitive team, playing on your high school team, playing in college, or on an U.S. National team someday.
- We promote and encourage high standards of sportsmanship and fair play and strive to ensure all players are doing it "For the love of the Game!"

State Cup Competition

The US Youth Soccer National Championship Series is the country's most prestigious national youth soccer tournament, providing approximately 185,000 players on over 10,000 teams from US Youth Soccer State Associations the opportunity to showcase their soccer skills against the best competition in the nation while emphasizing teamwork, discipline and fair play.

FYSA State Cup is Florida's qualifying tournament in the series. State Cup brings together the top teams from around the state to compete for the title of State Champion and earn the right to compete in the Region III Championship against the state champions from all over the southeastern US. In 2013, the event saw 331 boys' teams and 248 girls' teams compete for the right to represent the state of Florida at the Regional level. The opening round of competition for this year's event is set to kick off March 29-30, 2014 at venues all around the state of Florida with divisions for boys and girls from U13 – U19 age groups.

Space Coast United Soccer Club has 12 teams competing in this year's State Cup competition, with a team representing every division from U13 – U18 on both the boys and girls side of the event. State Cup consists of multiple rounds of play. Teams that make it to the final four in their division will compete in the Finals May 17-18, 2014 at the beautiful complex at FYSA headquarters in Auburndale, FL.

Space Coast United Soccer Club 2013 State Cup Success:

Boys U16 – Round of 16 U18 – Semi-Finalist

U13 – Round of 16 U14 – Quarter-Finalist Girls

U15 – Semi-Finalist U18 – Round of 16

Youth Soccer Websites

Florida Youth Soccer Association

National Premier Leagues

US Youth Soccer

Brevard Youth Soccer League

<u>Greater Central</u> Florida Youth Soccer <u>League</u>

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Please send any article suggestions, photos, and information you feel important to include in future newsletters to <u>mediadirector@spacecoastsoccer.org</u>

