

## **First to 3rd**

For this drill I like to have a coach standing at home plate making contact with the ball. We want to teach the kids to get a good jump but not to leave early. If the coach misses the ball the kids should still be on the bag.

Once the coach makes contact with the ball the runner should get his jump and pick up the 3<sup>rd</sup> base coach before he reaches 2<sup>nd</sup> base. We can have the kids slide into the bag, hold the bag, (go in standing up without over running the bag), round the bag or continue to 3<sup>rd</sup> base without breaking stride.

We really want the kids to learn to pick up the 3<sup>rd</sup> base coach before approaching 2<sup>nd</sup> base especially with balls hit to right field.