Soccer Resume

<img src="http://static1.squarespace.com/static/51cad613e4b03f555191951d/t/
52f27286e4b0bc1c0751e9f3/1391620743258/word+image.jpg" alt="word image.jpg" />



Use this word template to build your soccer resume. It is important to have a soccer-specific resume you can send to college coaches. This template suggest that you insert a link to a youtube video of you playing. Start here and save yourself the headache of formatting.

Example Email to College Coaches (Pre-tournament)

 $\hspace{2cm} \underline{\hspace{2cm}} src= "http://static1.squarespace.com/static/51cad613e4b03f555191951d/t/53725e43e4b0a4617ea4164f/ \\ \underline{\hspace{2cm}1400004164393/word+image.jpg"\ alt="word image.jpg"\ />} \\$



Remember that the best way to start the recruiting process is to simply initiate contact. Tell the coach "I am interested in your program. Please evaluate me". Use this example to initiate contact prior to tournaments.

How to Make a Recruiting Video



Recruiting videos are a very important part of the recruiting process. We created a document to help you make an effective recruiting video. We include tips on how to improve the odds of a coach watching it.

Top 10 Questions to Ask a College Coach



When you have the opportunity to talk with a college coach, you want to ask intelligent and pertinent questions. Use our list of recommended questions and find the college soccer program that is right for you!

Coach's Letter of Recommendation

 $\frac{< img\ src="http://static1.squarespace.com/static/51cad613e4b03f555191951d/t/}{5360dbffe4b09e1f27e9a589/1398856704121/Coach\%27s+Letter+of+Recommendation"\ alt="Coach's Letter of Recommendation" />$



Forward this word template to your coach when your ask for a letter of recommendation. Many coaches are willing to write letters but are limited on time. They can use this as an example.

Example Pre-tournament Letter to College Coaches



Before you head to the next tournament, send coaches of colleges of interest an introductory letter and let them know when and where you are playing. Coaches appreciate knowing your jersey number and playing position prior to the start of the tournament.

Example Email to College Coaches (Post-tournament)

 $\hspace{2cm} \underline{<} img\ src="http://static1.squarespace.com/static/51cad613e4b03f555191951d/t/54b6c72be4b0f32f824dbf8a/1421264684392/word+image.jpg"\ alt="word image.jpg"\ />$



After the tournament, use this email to follow-up with coaches that were in attendance. This can help guide the next stage of your recruiting and hopefully lead to a campus visit.

Exercise and Fluid Replacement



The American College of Sports Medicine (ACSM) recommends athletes develop a personalized hydration plan as hydration needs can vary considerably between individuals. Develop your plan and make sure to start hydrating 4 hours prior to events!

NCAA Eligibility Rules



Make sure you meet all the academic eligibility requirements set by the NCAA for Division I and II colleges. We compiled the requirements in an easy to read document and highlighted recent changes!

Helpful Links for Navigating the College Soccer Recruiting Process

<u>Do's and Dont's of College Recruiting</u>: US Youth Soccer Show interviewed Schellas Hyndman, a former college and professional coach, to talk about the do's and don's of college recruiting. This article includes very helpful insider information on the recruiting process that can help you.

Recommended Steps for Student-Athletes: The College Board compiled a list of recommended steps for student-athletes in search of a college program. The College Board is a non-profit organization that promotes college-readiness.

2014-15 NCAA Guide for the College Bound Student Athlete: This NCAA Eligibility Center document provides useful information on academic eligibility requirements, athletically related financial aid, and other topics.

FAQs about the NCAA Eligibility Center: Student-athletes must register with the NCAA Eligibility Center to be eligible to play NCAA Division I or II sports in college. To better understand eligibility standards review the FAQs on the College Board's website. The NCAA recommends that student-athletes register in the beginning of their junior year of high school.