

## Up With Kids Sports, Inc. "educate, elevate, and empower our youth"

L5: top performer in his position, player has developed various skills through the program and is performing it on the court with a high IQ of the game. Player has good court awareness, runs the plays with a good understanding of spacing, makes others better and plays to win at all times (Travel team elite player)

**L4:** An above average player, who is performing consistently, understands his role until it's his time to shine, above average IQ. (Travel team potential player)

**L3:** average shooter, dribbler, passer, good defender, average IQ of the game. Could be a role player on a travel team. (Recreational basketball; travel team)

**L2:** A player who is getting a better fill of the game. This player is working on sharpening the necessary mechanics, working on hand eye and foot coordination: (Recreation basketball)

**L1:** beginning player who is introduced to the game for the first time. The player goal is to reach Level 5 with patience and hardwork.

## **UWKS Academy training:**

Summer: Team camps and individual position camps

**Fall Season:** Aug - Oct = Academy

In Season: Oct - Feb = Rec, Feeder, High School, YBOA

**Post Season:** March - June = AAU, private and small group coaching.

We don't focus on the teams, but the training.

Coaches and parents: Why not partner with a 16 year pro, Samuel Hines, to help your team or your player go to the next level? We are waiting!

UWKS is always looking for talented coaches who can follow the UWKS system.

## UWKS