

U.S. Soccer and CJSA set the criteria for soccer registration age groups.

Registration age groups are based on BIRTH YEAR - not current academic grade, and not current age. In other words, some kids in the same grade level will not be in the same soccer age divisions, because they were born in different years. Additionally, a player's age at the time of registration does not determine what age group they are eligible for and placed in. The only determinant of registration eligibility and placement is the BIRTH YEAR of the player. This system is set by U.S. Soccer and CJSA.

Like most youth soccer organizations, HSA combines or merges some age groups into 2-year cohorts. Our In-House U8 program is really U7 and U8 together. Our In-House U10 program is really U9 and U10 together. Our Travel Rec U12 program is really U11 and U12 together. Our Travel Rec U15 program is really U13, U14, and U15 together.

Season	2021-2022	2022-2023	2023-2024	2024-2025	2025-2026	2026-2027	2027-2028
Birth Year							
2024							
2023							
2022							U6
2021						U6	U7
2020					U6	U7	U8
2019				U6	U7	U8	U9
2018			U6	U7	U8	U9	U10
2017		U6	U7	U8	U9	U10	U11
2016	U6	U7	U8	U9	U10	U11	U12
2015	U7	U8	U9	U10	U11	U12	U13
2014	U8	U9	U10	U11	U12	U13	U14
2013	U9	U10	U11	U12	U13	U14	U15
2012	U10	U11	U12	U13	U14	U15	U16
2011	U11	U12	U13	U14	U15	U16	U17
2010	U12	U13	U14	U15	U16	U17	U18
2009	U13	U14	U15	U16	U17	U18	U19
2008	U14	U15	U16	U17	U18	U19	
2007	U15	U16	U17	U18	U19		
2006	U16	U17	U18	U19			
2005	U17	U18	U19				
2004	U18	U19					
2003	U19						