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Provider of Athletic Insurance

Risk Management Services for:

- Associations
- Leagues
- Clubs
- Teams

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Pullen Insurance Services, Inc.

6300 Ridgea Place, Ste. 614

Fort Worth, Texas 76116

(866) 738-6100

FAX (817) 738-2993

www.pullenins.com

Coaches Safety Checklist



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COACHES CHECKLIST

Prior to each practice or game coaches and their assistants should develop the habit of a safety check with the goal of promoting a safe environment for both participants and spectators.

GOAL POST SAFETY

- ⚽ Portable goal posts properly secured and anchored and used on level playing fields
- ⚽ Inspect goal post for sharp corners to include general integrity
- ⚽ Instruct all players and their parents of the potential dangers associated with movable soccer goals
- ⚽ Forbid any horseplay by players or members of the general public on or around any goal post
- ⚽ Remove nets when goals are not in use
- ⚽ Portable goal posts should only be moved by authorized personnel
- ⚽ Anchor or chain one portable goal to another or to a nearby fence when not in use
- ♂ Inspect for foreign objects
- ♂ Check for pot holes, hills/ruts
- ♂ Make sure sprinkler heads are seated
- ♂ Observe 3' Restraining Line from Touch Line
- ♂ Notify your club and field owners of unsafe field conditions in writing
- ♂ Do not allow participation by your players until noted hazards have been corrected

PLAYER SAFETY

- ⚽ Communicate the laws of the game to all players and parents
- ⚽ Provide proper supervision at all scheduled activities. Prohibit behaviors that do not promote a safe and healthy experience
- ⚽ Make sure shin guards are covered, jewelry removed and shoes are adequate for field conditions

INJURY CLAIMS

- ♂ Maintain a supply of player medical claim forms
- ♂ Obtain and record relevant information about an injury to a player and/or spectator
- ♂ Don't leave a player unattended until transferred to health or security personnel in the pre-authorized manner or released at their own request
- ♂ Don't accept or suggest fault for the incident
- ♂ Don't state that medical bills will be paid.
- ♂ Contact your state association or its designated insurance personnel with any questions.

- ♂ Always give respect and appropriate attention to the injured person
- ♂ Always correct any hazardous situation as soon as reasonable after attending to the injured person
- ♂ Remove immediately all players from fields upon approaching severe weather
- ♂ Communicate with all parents your expectations as a coach
- ♂ Know location of nearest emergency health care facility. Know of any special medical conditions of your players
- ♂ Maintain in your possession first aid kit, phone numbers of parents, medical treatment authorization, and cell phone
- ♂ Make sure you or an official on the soccer field has basic first aid training
- ♂ Communicate with parents your expectations in promoting a safe environment. Recruit their assistance

FIELD SAFETY

- ♂ Inspect for foreign objects
- ♂ Check for pot holes, hills/ruts
- ♂ Make sure sprinkler heads are seated
- ♂ Observe 3' Restraining Line from Touch Line
- ♂ Notify your club and field owners of unsafe field conditions in writing
- ♂ Do not allow participation by your players until noted hazards have been corrected