

**Q: When do players have to wear masks?**

A: Masks are required to be worn by players the ENTIRE TIME at both practices and games. The mask should cover both the mouth and nose. Players may pull down their mask to take a fresh breath or a drink of water provided they have at least 6' of separation from other people. Players on the bench must also be seated 6' away from each other.

**Q: What do I do if my player tests positive for COVID-19?**

A: ROFC must be immediately notified if a player or coach on an ROFC team tests positive for Covid. When this happens, ROFC will do the following:

- 1.) Contact the coach and ask whether he/she can confirm that the player:
  - (a) was diligently wearing their mask during practice, and
  - (b) would not have spent more than 15 cumulative minutes within six feet of any other one player during practice or game.
- 2.) Ask the parent to confirm whether the player had any interaction with other players outside of practice, such during a carpool or hanging out before or after practice.
- 3.) If we get sufficient confirmation on points 1.) and 2.) ROFC will notify the other parents on the team that there has been a positive Covid case. Consistent with CDC and Michigan guidance ROFC is NOT requiring the entire team to quarantine. Any families who would prefer to self-quarantine in an abundance of caution are of course permitted to do so.

If we get unsatisfactory answers on 1.) and 2.), then all team activities will be suspended for a 14-day quarantine period. The coach may try to reschedule any games that are missed during this time.

**Q: What should be done if a player was exposed to someone who has been diagnosed with COVID-19, such as a parent, sibling, classmate, etc.?**

A: Any participant who is in close contact to a confirmed COVID-19 individual (*within 6 feet for at least 15 cumulative minutes*) and was exposed within 48 hours of either:

- a) date of person's covid positive test administered or
- b) person developed symptoms

should remain quarantined in their home for at least 10 days since their last known exposure to that individual. If the exposed individual begins feeling sick or exhibiting symptoms consistent with COVID-19, they should speak with their healthcare provider and are urged to get a COVID-19 test. Participants must be symptom-free and be removed from quarantine in order to return to training.

**Q: If a participant has been recently exposed to an individual with a confirmed COVID-19 infection, may the participant rejoin activities after showing a negative COVID-19 test result?**

A: Individuals exposed to a confirmed COVID-19 infection should not return to any activities for at least 10 days since the last known exposure to the confirmed COVID-19 case, regardless of a negative test

result. After an exposure to a confirmed case, it may take a number of days or even longer than a week before an individual starts to show symptoms or begin to feel sick. Many COVID-19 tests immediately after exposure falsely show negative test results, so a full quarantine is required even with a negative test result.

**Q: Do spectators have to wear masks when outside?**

A: All spectators must also wear masks the ENTIRE TIME on the sidelines at practices and games. Also allow 6' of space between families on the sidelines.

**Q: Do referees need to wear masks because they didn't last season?**

A: Referees are now also required to wear masks. Referees, however, are not expected to be the enforcer of the mask rule with players.

**Q: What if I think it is not necessary or safe for masks to be worn?**

A: There are NO EXCEPTIONS on the use of facial coverings by participants outlined in the current MDHHS Emergency Order as it relates to organized contact sports, including youth soccer. All participants are expected to consistently, and appropriately, wear facial coverings over the mouth and nose before, during, and after ROFC affiliated activities. Participants that cannot consistently, and appropriately, wear facial coverings are not to participate at this time.

**Q: Are premier teams required to report to their game opponent when they discover their player has covid within 48 hours of a game?**

A: No, the league has not established any requirements for this.

**Q: If your child receives a notification from their school that they need to quarantine from an exposure, do they also need to stay away from soccer practices and games for those same 14 days?**

A: Yes! If you are quarantined for any reason, do NOT attend soccer.

We cannot stress enough the importance that parents exercise extreme prudence before sending their player to practice. If you know that your family has been exposed to someone with COVID-19, or has any sign of illness whatsoever, please DO NOT send your player to training.