

\*To register for WYS Lessons, please click on the [Lesson Registration](#) tab on the WYS website homepage

## WYS Swim Team

The swim team is for swimmers ages 4-16 on Tuesdays and Thursdays. Practice will be 45 min long. Swim meets occur on Thursday afternoons at 4 pm and we compete against LaRonde, Swordfish, and Surf Club. Swimmers ages 4, 5, 6 will swim with a kickboard and freestyle the width of the pool. Swimmers ages 7-16 swim the 4 strokes the length of the pool; butterfly, backstroke, breaststroke, and freestyle. It is imperative that your swimmer can swim the 4 strokes. Swim team practices are not a replacement for swim lessons. Swimmers 8 and under MUST take swimming lessons to be able to participate in the swim team.

Each session is 4 weeks long. The first session is from July 1 through July 26  
The second session is from July 29 through August 23.

- With no exceptions - no refunds after the first week of lessons.
- Head Instructor has the right to move students in or out of a class-based upon the child's ability or class enrollment.
- WYS reserves the right to cancel any class.
- Times for the classes are subject to change
- Enrollment ages are based upon the student's DOB.

### **Time: 9:00-9:45am**

Maximum: 20 swimmers

Ages: 11-16

PRICE: \$175.00 per session

Description: This class is for **advanced swimmers** to work on drills and specific techniques to increase the swimmer's speed and endurance. Swimmers in this class are advanced in all 4 strokes. Usually ages 12-16, but there may be exceptions.

Sailors that sail in the afternoon are expected at this class.

### **Time: 9:45-10:30am**

Maximum: 16 swimmers

Ages: 7-10

PRICE: \$175.00 per session

Description: This class is for swimmers who are proficient in all 4 strokes and need some technique refinement, or proficient in freestyle, backstroke, and breaststroke and need to work on some of the butterfly skills.

Sailors that sail in the afternoon are expected at this class.

### **Time: 10:30-11:00am**

Maximum: 12 swimmers

Ages: 4-6

PRICE: \$175.00 per session

Description: This class is for 4-6 year olds. Children swim the width of the pool and practice jumps in the shallow end. Swimmers swim freestyle and with a kickboard.

### **Time: 1:00-1:30pm**

Maximum: 12 swimmers

Ages: 4-6

PRICE: \$175.00 per session

Description: This class is for 4-6 year olds. Children swim the width of the pool and practice jumps in the shallow end. Swimmers swim freestyle and with a kickboard.

**Time: 1:30-2:15pm**

Maximum: 20 swimmers

Ages: 11-16

PRICE: \$175.00 per session

Description: This class is for advanced swimmers to work on drills and specific techniques to increase the swimmer's speed and endurance. Swimmers in this class are advanced in all 4 strokes. Usually ages 12-16, but there may be exceptions.

Sailors that sail in the morning are expected at this class.

**Time: 2:15-3:00pm**

Maximum – 16 swimmers

Ages: 7-10

PRICE: \$175.00 per session

Description: This class is for swimmers who are proficient in all 4 strokes and need some technique refinement, or proficient in freestyle, backstroke, and breaststroke and need to work on some of the butterfly skills.

Sailors that sail in the morning are expected at this class.

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