

**Welcome to our two new volunteer board members -** Diane Sawinski and Jason Schmidt. We would also like to thank our former board members Tom Williams and Jen Stark for their work and the improvements they implemented for the club. We are really looking forward to an exciting 2017 for the club!

**Royal Oak Futsal League** - Thank you to all that registered for our inaugural futsal league, we are looking forward to the start of our league on January 15th!

Registration for our league players born 2009-2006 is now full. For our older players, born in years 2003-2005, we are offering drop-in play. You may pre-register on-line for *any* Sunday, no commitment! Or, just simply show up on any of these Sundays for a 4:30 game: January 15th, 22nd, 29th, February 5th, 12th and 26th. All games are at Keller Elementary school gym. Cost is \$10 per Sunday.

What is futsal? Futsal is FIFA's official indoor soccer game which is, essentially, a scaled down version of outdoor soccer played indoors. It is a small sided game (5v5) played on a smaller field (roughly basketball court sized) with a smaller sized ball. Futsal is played with touchline boundaries. There are no walls in play.

The point of our futsal league is really just to let kids play, have fun and learn on their own. We want to provide a facility for them, a ref, goals and a ball, but other than that, we really just want the kids focusing on fun, learning on their own by playing and making mistakes without adults correcting them.

**Recreational Soccer** - Spring Registration is still open and you can register today by logging into your <u>ROYSA account</u>. Deadline to be returned to same team is February 1, 2017.

**Royal Oak Premier** teams will resume Winter training January 9th 2017. Please remind your children that they cannot dribble or pass their soccer balls in the gym hallways, either with their feet or hands, cannot run in the halls or go anywhere else in the school other than straight to and from the gym. Also, please have players wear two pairs of shoes--one in from the outdoors that might get wet, and then clean ones for the gym floor.

Royal Oak Soccer School - April 21, 28 May 5, 12, 19. Registration coming soon!

## **Meet our Sponsors**

## Jazzercise, Royal Oak - http://www.jazzercise.com

Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast. It's a calorie-torching, hip swiveling dance party with a hot playlist to distract you from the burn. Start now for \$0...

- Unlimited workouts
- No joining fee
- No monthly payments until February
- 6-month minimum auto registration required
- Hurry! Offer expires 1/31/2017

## The Office Coffee Shop, Royal Oak - http://theofficecoffeeshop.com

The Office Coffee Shop provides all the essential office amenities to run or start your business. We offer a vibrant, flexible workspace setting, high-quality food and drink, comfortable workstations, business secure / high-speed Internet and a dedication to making your business and your day easier.

The Office Coffee Shop is the best of both worlds.

For half our guests we are a membership driven co-working community with private offices, tables for rent, networking events and business services for startups and

entrepreneurs. For the other half we are an open to the public, coffee shop serving locally sourced coffee, baked goods and food.

## **The Incredibly Massive Importance of Play**

Let me be blunt and scream this from the rooftop: the best athletes PLAY sports. They don't work them, they play them. When sport becomes more work than play, athletes struggle, they grind, and if they cannot get back to playing instead of working, they eventually drop out. From youth to pros, when the fun goes, soon to follow is performance. <u>Continue reading ...</u>



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