

2021 Spring Rules Summary

Rules Summary - Recreational Games

ROFC

co-scheduled games with BHYSL, CS, MHYSA, SOCS and U19 ITPRS, LAYSL, NMCYS, RSC, TYSL

2021 Spring Season

| Division (Grade) | U5/U6 2nd Year Pre/Kinder | U7/8 (1st & 2nd Grades) | U9/10 (3rd & 4th Grades) | U11/12 (5th & 6th Grades) | U13/14 (7th & 8th Grades) | U19 (9th Grade and up) |
|--------------------------|--|--|-----------------------------|---|------------------------------|-------------------------------|
| Ball size | 3 | 3 | 4 | 4 | 5 | 5 |
| Players (incl keeper) | 3v3 | 5v5 | 7v7 | 9v9 | 11v11 | 11v11 |
| Minimum | 2 | 4 | 5 | 7 | 7 | 7 |
| Roster size | 10 | 10 | 12 | 15 | 18 | 22 (18 may dress for game) |
| Substitutions | Unlimited in number. Referee must be informed. Allowed by either team at goal kicks, goals, halftime, injury, and for a cautioned player (1-for-1). (Substitutions are not allowed on corner kicks or fouls) | | | | | |
| Scoring | Once a team is up 4 goals, an additional player can be added. Said player will be taken off if the game goes back to a 3 score or less differential | | | | | |
| Kick or Throw-in | Pass ball in from sideline *** | Throw-in | | | | |
| Sub on throw-in | Either team's kick in | Either team's throw | | Own team's throw, or if other team is subbing | | |
| Equipment | Required: Shirt, shorts, shinguards, socks (covering shinguards), shoes. | | | | | |
| | Pinnies if color conflict No goalkeeper No referee | Home team changes for color conflict (visitors may change if they have alternate). Either goalkeeper must change for color conflicts. Referee may allow optional equipment (cold weather gear, goalkeeper cap, head/elbow/knee protection, religion-required clothing, etc) if deemed not dangerous. | | | | |
| Jewelry | NONE ALLOWED. Taping does not make jewelry safe. (Jewelry: items worn for decoration or display, not having any purpose for the game.) Medic Alert bracelet/similar item should be taped, allowing medallion to be seen. | | | | | |
| Referee | No ref, coaches are on field | yes, \$20 | yes, \$25 | yes, \$30 | yes, \$35 | yes, \$45 |
| Asst Referee | No | no | no | yes, \$20 each | yes, \$25 each | yes, \$30 each |
| Length of ½ | 20 min | 25 min | 25 min | 30 min | 35 min | 40 min |
| Offside | no | no | no | yes | yes | yes |
| Heading | no - a purposeful header results in indirect kick from spot of infraction | | | | | yes |
| Slide Tackling | no - DP | no - DP | no - DP | yes | yes | yes |
| Free kicks ** | From spot | All indirect. Free kicks earned in opposing penalty area will be brought out of penalty area for indirect kick | | Direct or indirect, per the Laws of the game | | |
| Penalty kicks | no | no | yes, 10 yards | | yes, 12 yards | |
| Throw-in redo | Kick-in from sideline | See below * | no | no | no | no |
| Goal kicks ** | If ball goes over end line, player may dribble or pass ball in from the end line | Ball restarted with GK possession. GK may punt, throw, kick, or dribble ball into play. Ball is in play as soon as it leaves the goalie's hands (e.g., if GK puts the ball on the ground to kick it, it is a live ball). | | Per FIFA. Ball placed anywhere within goal box. Ball is in play when it is touched and clearly moves. Opponents must stay outside penalty area until ball is in play. | | |
| Goalkeeper | No goalkeeper | Per FIFA. May not play ball with hands when deliberately kicked by a teammate ("pass-back" rule). | | | | |
| Punt by Goalkeeper | No goalkeeper | Goalkeeper may not punt ball beyond half line. Ball must bounce prior to crossing half line. Violation results in throw-in at nearest intersection of half line and touch line by opposing team. | | No restrictions | | |
| Seating | Home team and their spectators sit on the East side (if east/west field) and South side if (north/south) field | | | | | |

Notes: DP = Dangerous Play

* If the first throw-in is a foul throw, the same team takes another throw. The ball is turned over to the other team if the second throw is a foul throw.