



# TRAVEL SOCCER

## *U14-19*



### Leicester Soccer Club

#### Program Descriptions

Under 14 (U14), Under 16 (U16), & Under 19 (U19)

Program Breakdown	
Program Name	Under 14 (U14), Under 16 (16), & Under 19 (U19)
Cost	\$100 (plus uniform charge)
Seasons	Offered in Fall & Spring (High School Conflicts in Fall)
U14 Ages	Players in Grades 7 & 8 (Separate Girls & Boys Teams)
U16 Ages	Players in Grades 9 & 10 (Separate Girls & Boys Teams)
U19 Ages	Players in Grades 11, 12, & Beyond (Separate Girls & Boys Teams)
Location	<ul style="list-style-type: none"> <li>Lower Middle School Field, 70 Winslow Ave, Leicester MA 01524</li> <li>Leicester High School Turf, 964 Main Street, Leicester MA 01524</li> </ul>
Length of Program	10-12 Weeks <ul style="list-style-type: none"> <li>Late August to Early November in Fall</li> <li>Mid April to Mid June in the Spring</li> <li>Division I &amp; II Teams have potential Playoff Games</li> </ul>
Field Size	70 x 110 yards
Ball Size	Size 5
What do they need?	Soccer Cleats, Shin Pads, Water Bottle, Club Issued Team Uniform.

Notes	This program will hold 1-2 weekly practices at the Lower Middle School or LHS Turf practice fields and then play their games (vs other towns) on Saturdays (U14 & 16) and Sundays for (U19). Games may be scheduled from 9:00-4:00 depending on the opponent.
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U10 Gameplay Breakdown	
Players on the Field	11 vs 11
Positional Play	Goalie, Defense, Midfielder, Forwards, Striker
Situational Game Play concepts	<a href="#">17 Soccer Rules Explained</a>
What is Offside?	
Introduction of Formations or Alignments	 <p>Created using SoccerTutor.com Tactics Manager</p>