# Equipment Recommendations

# Heads

1)[Clutch X](http://www.lax.com/lacrosse-equipment/Brine-Clutch-X-Lacrosse-Heads-9876.html)

2)[STX Super Power](http://www.lax.com/lacrosse-equipment/STX-Super-Power-Lacrosse-Heads-9197.html)

3)[STX Proton Power](http://www.lax.com/lacrosse-equipment/STX-Proton-Power-Lacrosse-Heads-5824.html)

4)[Warrior Evolution 3X](http://www.lax.com/lacrosse-equipment/Warrior-Evolution-3X-Lacrosse-Heads-13350.html)

5)[STX Proton U](http://www.lax.com/lacrosse-equipment/STX-Proton-U-Lacrosse-Heads-10400.html)

6)[Nike Lakota](http://www.lax.com/lacrosse-equipment/Nike-Lakota-Lacrosse-Heads-18399.html)

7)[Maverik Rize](http://www.lax.com/lacrosse-equipment/Maverik-Rize-Lacrosse-Heads-10520.html)

8)[Warrior Evolution X](http://www.lax.com/lacrosse-equipment/Warrior-Evolution-X-Lacrosse-Heads-9362.html)

9)[Warrior Evolution 2.0](http://www.lax.com/lacrosse-equipment/Warrior-Evolution-2.0-Lacrosse-Heads-6455.html)

# Shafts

1)[Maverick Wonderboy](http://www.lax.com/lacrosse-equipment/Maverik-Wonderboy-Lacrosse-Shafts-15705.html)

2)[STX Axe](http://www.lax.com/lacrosse-equipment/STX-Axe-Lacrosse-Shafts-19982.html)

The first group of links are heads that I recommend  almost all of them I had at one time. Highest recommendation is the first, the last one is the least.

Regarding mesh, I would recommend an all white hard mesh kit (or semi-hard).

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