



Riverside Rams



SAFL PARENT GUIDE

SAFL offers an enjoyable and competitive football experience playing some of the best teams of Western Washinton and Northern Idaho. Our league will be working with Riverside to develop a youth tackle football program that will develop the fundamentals for successful and skilled athletes.

AFFORDABLEFOOTBALL.COM





SAFL Mission

Provide the best, safest, and most enjoyable football and cheer experience for all youth athletes who want to play regardless of financial situations. Promote and encourage upstanding young men and women with emphasis on hard work, dedication, and sportsmanship

SAFL

SAFL is founded on the premise of “every kid who wants to play will play”. SAFL believes football and cheer foster teamwork, fitness, and life-long problem solving skills.

SAFL is a structured, yet fun, 3rd through 8th grade youth program that strives to have all boys and girls participate and learning the fundamentals of football and cheer. The intent is to offer an affordable youth program with more games played in Sandpoint and the surrounding area..

SAFETY FIRST

Every coach has a full national background check and shall be scrutinized for fair play, safety, and unbiased abilities. All coaches are certified to USA Football Heads-Up safety standards and are trained in cardiac arrest, concussion, heat exhaustion, and proper techniques for football and cheer. Safety is our primary concern for all athletes! SAFL carries premium insurance provided by USA Football.

SAFL is a 501(c)(3) Non-Profit Organization

AFFORDABLEFOOTBALL.COM

SAFL Timeline

In 2016 Sandpoint joined Coeur d'Alene with a 7th grade team. Cd'A helped Sandpoint with registrations, equipment, insurance, and other services. After the successful year in 2016 SAFL was created with teams ranging from 3rd grade through 8th grade. Year over year our participation numbers have grown steady. The North Idaho Conference is a respectful and competitive league .

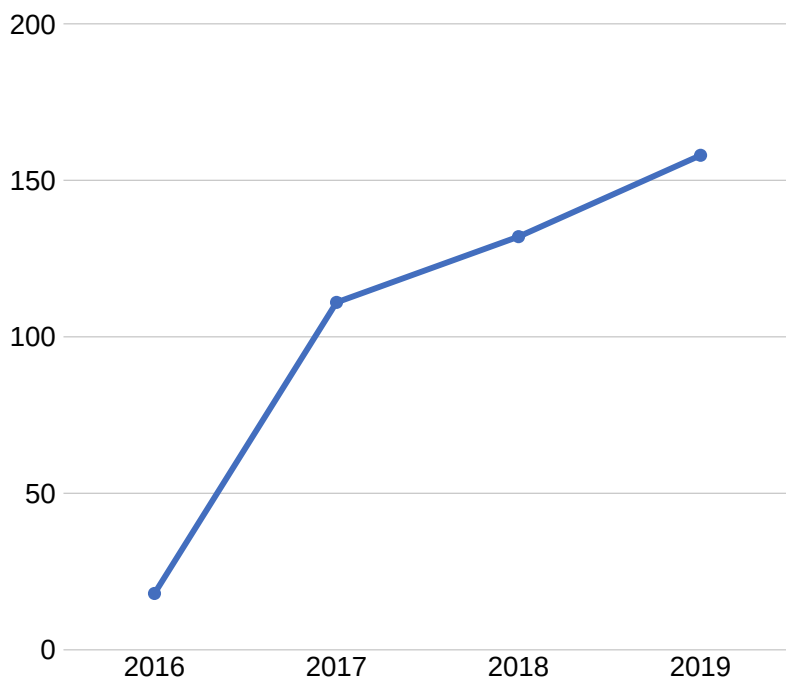
2016
Sandpoint joins the North Idaho Conference with 7th Grade team under Cd'A.

2018
SAFL grows about 20% in registrations and funds over 30% of registration through financial assistance and scholarships.



2017
SAFL becomes a stand-alone league for 3rd - 8th grade offering Football and Cheer

2019
SAFL looks to help other leagues enter North Idaho Conference. SAFL becomes the only football program in Sandpoint to offer 3rd - 8th grade.



Football on the Rise

In 2016 Sandpoint Football registration numbers were declining. Since SAFL registration numbers have been growing again and returning participation has been the highest in Sandpoint Youth Football history.

Parent and Player Code of Conduct

Creating a respectful, fun, and competitive environment is what defines SAFL's parents and players. The following are our parent and player code of conduct that is expected from all members within SAFL.

As a Participant / Player

- I will promote good sportsmanship, at every game and for both teams, by showing sportsmanship.
- I will do my very best to listen and learn from all coaches and teammates.
- I will make every practice and game, if I am unable to attend I will notify one of my coaches prior to practice or game.
- I will treat all coaches, players, cheerleaders, referees, and fans with respect regardless of their race, sex, creed, or ability.
- I will remember that winning can be fun but it can't be the most important thing.
- I will remember that sports are an opportunity to learn and have fun.
- I will remain first a good student and role model for the community.
- I understand that I am responsible for my actions on and off the field, and understand that my choices will impact my season directly and my participation with the league.
- I am a youth athlete, I will be a leader, a peer, and promote good sportsmanship. I will honor my parents and coaches by my actions.

As a Parent / Guardian

- I will encourage good sportsmanship by demonstrating a positive support for all players / athletes, coaches, officials, and spectators at every contest, practice, or other SAFL event.
- I will place the emotional and physical well-being of all children, on either team, ahead of my personal desire to win.
- I will insist that all children play in a safe and healthy environment.
- I will support coaches and officials in order to encourage a positive, enjoyable experience for all.
- I will promote a sports environment that is free from drugs, tobacco, and alcohol and will refrain from their use and influence at all youth sports events.
- I will remember that the game is for youth, not myself or other adults.
- I will remember that i am a guest of the team and will not say or display behaviors that embarrass ANY team or their guests.
- I will do my best to make SAFL fun for all players, cheerleaders, parents, coaches, and officials.
- I will expect my child to treat all players, cheerleaders, coaches, officials, and fans with respect regardless of race, sex, creed, or ability and I WILL EXPECT NO LESS FROM MYSELF.
- I will do what I can to help SAFL implement and enforce these standards.

Sportsmanship and Respect

RESPECT, It's the name of the game

SAFL is committed to establishing a positive competitive environment for our athletes and fans. It's our responsibility to be fully accountable at every level as we support student success.

Athletes, Coaches, and Staff

As representatives of SAFL, we expect our athletes, coaches and staff to uphold our commitment to sportsmanship by creating an atmosphere of respect. Unsportsmanlike behavior will not be tolerated.

Fans and Students

Racial, sexist, derogatory or profane actions or language directed toward players, coaches, team representatives, officials, event management or other spectators will not be tolerated. Event management personnel - with cooperation from campus security - reserves the right to remove attendees from the competition site.



IF *i* WIN
I'LL BACK IT UP WITH HUMILITY.

Don't undo my hard work
with poor sportsmanship.

 **RESPECT.**
It's the name of the game.

SAFL and Riverside Partnership

The goal of the partnership between Riverside and Sandpoint through SAFL is to develop a platform for Riverside to create a self-managed and stand-alone youth tackle football program. SAFL for the first few years will supply quality equipment, jerseys, referees, insurance, league bylaws, and other services that you would normally receive through programs like the YMCA. Our goal is to promote and grow youth football in the inland northwest. SAFL is a non-profit where all money goes straight back into youth programs under SAFL.

What to Expect?

- Quality Referees
- Quality Equipment
- USA Football Certified Coaching Staff
- At least 2 home games with options for out-of-league games.
- Competitive and Fun Football Experience
- Riverside representative to attend SAFL Board Meetings

Registration Cost?

3rd / 4th Grade: \$125 / Athlete

5th - 6th Grade: \$175 / Athlete

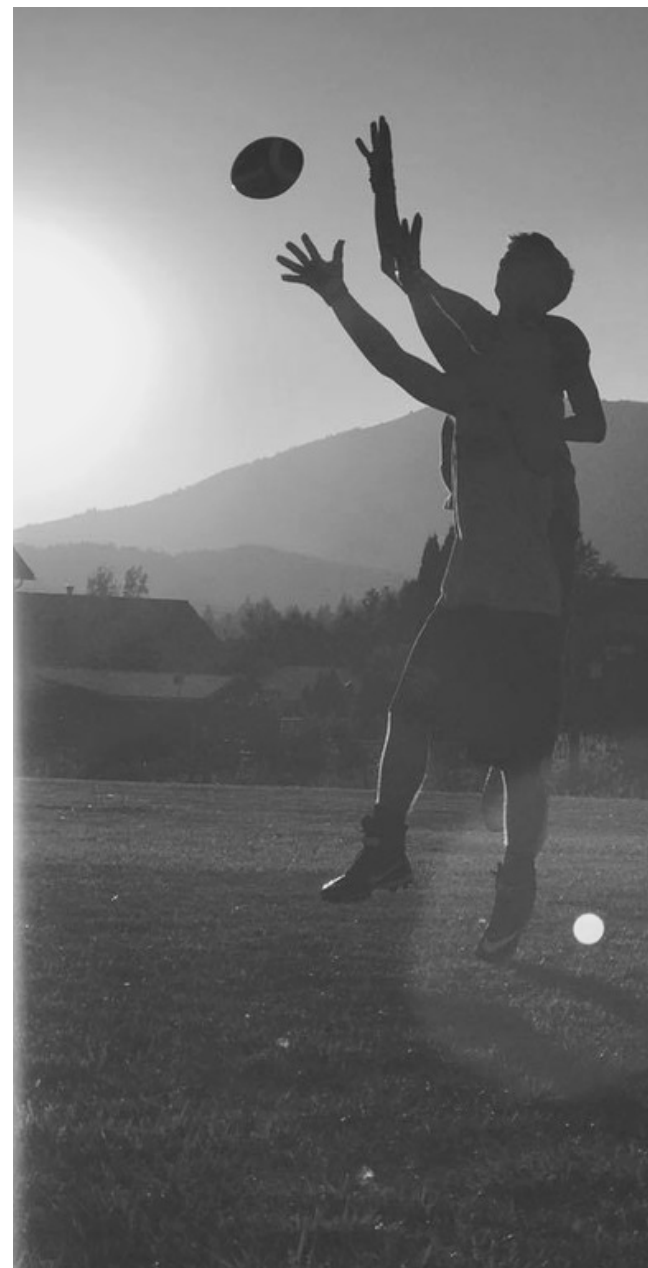
Financial Aid and Scholarships Available

Whats Included?

- Helmet
- Shoulder Pads
- Game Jersey
- Mouth Guard
- 3/4 - 6 Game Schedule with option for additional games
- 5th - 8 Game Schedule with option for additional games
- 6th - 8 Game Schedule with option for additional games

Schedule

August 6, 2019 - Practices Start
August 28, 2019 - First 3/4 Game
August 29, 2019 - Jamboree
September 7, 2019 - First 5th-8th Grade Games
October 2, 2019 - Last 3/4 Game
October 19, 2019 - Final Regular Season Game, 5th - 8th
October 26, 2019 - Playoff Game



SAFL is for the youth and the love of Football and Cheer . Coaches, Board members, and other volunteers are unpaid and receive no reimbursement or pay for services.

SAFL is a 501(c)(3) Non-Profit Organization

North Idaho Conference

All Teams and Leagues within the North Idaho Conference follows the same rules and safety requirements. The Conference Board which is compiled of the presidents of each league determine rule modifications, schedules, and other aspects of our youth football experience.

Conference Teams

- Sandpoint
- Silver Valley
- Post Falls
- Timber Lake
- Coeur d'Alene
- Priest River
- Lake City
- Lakeland
- Spokane Valley
- Riverside

Rules

High School rules apply expect for the following:

3rd / 4th Grade

- Players must play at least 50% of the game.
- Game is divided into two 30 minute segments.
- 5 minute Half Time
- No Blitzing
 - Linebackers should read and fill holes but no pre-snap jumps
- Defense must be a Stacked 4-4
- Field Length 50-yards
- Ball Starts on the 40-yard line
- No Special Teams
- No Kickoffs
- No Punts
- Fumbles and Interceptions will cause a change of possession and the ball will reset at the 40-yard line when downed. They can be ran back to the 50-yard for a touchdown, but if downed before ball will reset at the 40.
- Week 1 ONLY
 - Bobbled Exchanges will result is a loss of down
 - No play clock
- After Week 1
 - Bobbled Exchanges are live
 - 45 second play clock



Rules

High School rules apply expect for the following:

5th Grade

- Kickoffs will start from the 40-yard line
- Extra Points are live.
- Punts are live.
- All PATs must be kicked.
- 2-Points for successful kick on PAT.
- Quarters will be 10 minutes long with normal clock rules (no running clock)
- 7 minute half time
- No restrictions on ball carrier weight
- No restrictions on Defense, Blitzing allowed.

6th - 8th Grade

- Kickoffs will start from the 40-yard line
- Extra Points are live
- Punts are live
- 1-point for successful ran or pass on PAT
- 2-point for successful kick on PAT
- No restrictions on ball carrier weight
- Quarters are 10 minutes with normal clock rules (No running clock)
- 7 minute Half Time



Schedules

Conference Games are scheduled through the North Idaho Conference. 3rd/4th Grade games are on Wednesday nights and 5th - 8th grades are on Saturday. Options for night games and/or special game times per request. Home team is responsible for scheduling referees.

3/4: Games Wednesday, 6 Games Total

5-8th: Games Saturday, 8 Games Total

August 6, 2019	- Practices Start
August 28, 2019	- First 3/4 Game
August 29, 2019	- Jamboree
September 7, 2019	- First 5th-8th Grade Games
October 2, 2019	- Last 3/4 Game
October 19, 2019	- Final Regular Season Game, 5th - 8th
October 26, 2019	- Playoff Game



USA Football

SAFL has partnered with USA Football and requires all coaches and board members to become Heads-Up certified. USA Football was founded to help new players grow their love of football. USA Football has established unmatched standards of safety, education, and support for coaches and players in order to provide a fun and safe environment. .



Insurance

SAFL insurance is through USA Football and coverage includes General Liability, Accident & Medical, Directors & Officers, and Casualty.

Gear / Equipment

Gear and Equipment is controlled, conditioned, and inspected by SAFL. Helmets are inspected by 3rd parties representatives to ensure compliance prior to each season.

Riddell.

schutt

