

U.S. Soccer and CJSA set the criteria for soccer registration age groups.

Registration age groups are based on BIRTH YEAR - not current academic grade, and not current age. In other words, some kids in the same grade level will not be in the same soccer age divisions, because they were born in different years. Additionally, a player's age at the time of registration does not determine what age group they are eligible for and placed in. The only determinant of registration eligibility and placement is the BIRTH YEAR of the player. This system is set by U.S. Soccer and CJSA.

Like most youth soccer organizations, HSA combines or merges some age groups into 2-year cohorts. Our In-House U8 program is really U7 and U8 together. Our In-House U10 program is really U9 and U10 together. Our Travel Rec U12 program is really U11 and U12 together. Our Travel Rec U15 program is really U13, U14, and U15 together.

SEASON	2023-2024	2024-2025	2025-2026
BIRTH YEAR			U6
2019		U6	U7
2018	U6	U7	U8
2017	U7	U8	U9
2016	U8	U9	U10
2015	U9	U10	U11
2014	U10	U11	U12
2013	U11	U12	U13
2012	U12	U13	U14
2011	U13	U14	U15
2010	U14	U15	U16
2009	U15	U16	U17
2008	U16	U17	U18
2007	U17	U18	