

- FOR IMMEDIATE RELEASE -



**2016 Johnston United Soccer Association (JUSA) to offer Middle School and High School Girls Preseason Camp.**

CLAYTON, NC (December 29, 2015) – Johnston United Soccer Association (JUSA) will offer a Middle School and High School Girls Preseason Camp in January and February 2016 for all current 7<sup>th</sup> to 12<sup>th</sup> grade female soccer players. This four week camp will focus on preparing players for their 2016 middle school or high school soccer season. William Peace University Head Women's Soccer Coach and JUSA Director of Coaching Education, Keith Jenkins, will lead the camp. Coach Jenkins' staff will consist of current WPU assistant coaches and JUSA Club Coaches.

"JUSA is very proud to announce the second year of this preseason camp for middle school and high school girls who will be preparing for their tryouts. Tryouts can be a stressful time and we'd like to help them get the rust off before they begin. Our top notch staff will challenge them to get better each session," said Keith Jenkins.

Participants can choose to attend all 4 sessions or pick and choose the session as it fits their needs and / or their schedule. Details for the program are below:

Camp Dates: Monday, Jan 18th from 3:30-5:30pm, Sundays, January 24, 31, and February 7<sup>th</sup> from 3:30-5:30pm. There will be no makeup sessions. In case of inclement weather, participants will be refunded for missed sessions.

Camp Fees: \$80 for all four sessions if paid in advance. \$30 per session if paying for an individual session separately.

**Camp Topics:**

1/18 - Dribbling to Break Down the Defense.

1/24 - Shooting to Finish!

1/31 - Passing / Receiving under pressure.

2/7 - Defending to Attack!

Camp Details: 1:10 Staff to player ratio. Each session will feature individual technique, small sided tactics and play, and finish with large sided play (depending on numbers of course). Keepers will have small group technique training as well as small sided and large sided play. Minimum of 10 players

needed for program to go. All sessions will be held at the JUSA Fields located at the YMCA Powhatan Field 3798 Powhatan Rd, Clayton, NC

Camp Registration Information: To register for this program, please visit the JUSA website at [www.jusasoccer.org](http://www.jusasoccer.org). Registration Deadline is Wednesday, January 13th at 5pm.

Current Johnston County Middle School and High School Coaches are welcome to attend any session at no charge to enhance their coaching skills.

Johnston United Soccer Association (JUSA) is a nonprofit soccer organization started in 2006.

JUSA Mission Statement: To foster the growth and development of youth soccer in Johnston County by offering a variety of programs, providing qualified and dedicated coaches, and emphasizing a positive soccer learning experience while instilling a love and respect for the game.

JUSA Vision Statement: To make soccer “the game for kids” in Johnston County.

JUSA Core Values: Our core values are the essence of who we are and provide a framework of guiding principles for every decision we make. They represent the best of our club and provide a foundation for the programs we create and maintain on behalf of our community. These core values are:

- Development – JUSA seeks to create a safe environment where every player and volunteer can reach his or her highest potential. We welcome all people regardless of their level of talent, ability, and experience. We place a high value on the education and development of all involved with JUSA.
- Character – JUSA believes that a healthy competitive sports environment can be a catalyst to instill the ideals of excellent moral character, self-esteem, self-confidence, teamwork, respect for self and others, and a healthy regard for following rules.
- Sportsmanship – JUSA believes in the development and unwavering support of good sportsmanship. We are gracious competitors regardless of the final score and conduct ourselves with dignity under pressure and in the face of adversity. We work together to foster a cooperative spirit and mutual respect between our opponents and us, win or lose.
- Community - JUSA always seeks for ways to create collaborative partnerships with other community organizations to increase awareness of, and access to, soccer programs for all by breaking monetary barriers whenever possible, offering continuing education to all who seek it, and sponsoring county wide soccer related activities.

JUSA is a full service youth soccer organization offering recreation and competitive soccer programs for youth age 4-18. In addition to sponsoring the JUSA Mr. and Ms. Soccer Awards and All County Teams, JUSA serves as the title sponsor for the Johnston County Boys High School County Tournament, the JUSA Cup

For information related to this story, please contact Keith Jenkins, Director of Coaching Education for JUSA at [doc@jasasoccer.org](mailto:doc@jasasoccer.org) or 919-270-9182. For information on JUSA, please contact Lynn Parker,

Executive Administrator for JUSA at [administrator@jusasoccer.org](mailto:administrator@jusasoccer.org) or 919-351-0650. For the latest information on JUSA and its programs, visit us on the web at [www.jusasoccer.org](http://www.jusasoccer.org).