

## **Kindergarten and First Grade Rules**

### **Field Size**

Minimum 15 yards wide by 25 Yards Long

Maximum 20 yards wide by 30 yards long

Field Markings—Midfield line dividing half with a circle (four yard radius) in center of field.

Goal Area. - 3 yard box around goal—No players in box unless ball goes into box.

No penalty area

Ball Size---- Size 3

Number of Players--- 3 v3 on each side of field.

### **Games**

Each game will consist of 4 – 8 minute quarters

Substitutions—8 Minute Periods- No substitutions  
Exceptions- Injury

Equipment—Shinguards are mandatory. Non uniform clothing is allowed based on weather, but uniforms still must distinguish teams.

### **Style of Play**

There are no positions- players should be involved in both aspects- offense and defense  
No laying back i.e.- keeping a sweeper/defender back  
ENCOURAGE OFFENSE  
No goals from defensive half of field

Coaches

Referees—Each team will have one coach as referee for each 3 v 3 game  
Teams will also need a bench coach

Players are required to stay with their teams in a designated area- far side line or end line  
There should be no spectators sitting with teams and no players sitting with family when not in game. (continued below)

**Play Stoppages**

Ball in and Out of play

Sidelines—Throw ins

End lines—Corner Kick, ball off of defense on own end line

Goal Kick, ball off of offense in their attacking half

Ball must be completely over side/end line or plane of that line

No offsides at this level.

Fouls—All fouls result in a direct kick. No penalty kicks. Opponents must be at least 5 yards away on free kicks.