

**Highlands Area Soccer Club
Action Plan for Probable or Positive Cases of Covid-19**

This plan is to provide the basis of preparing and procedures for a possible or confirmed COVID-19 case in the club. This plan will identify the steps before and after being alerted to a possible COVID-19 case.

Before possible infection:

Coaches should assess all players prior to all activities, this includes practices and games. If a player appears to have symptoms of any illness the coach should immediately request that the player leave the group activity and return only once symptoms have ceased and they have been medically cleared to return.

If a player, coach, or direct volunteer falls ill, these steps must be taken:

- Player (guardian) will immediately notify their direct coach of illness. If testing positive for COVID 19, the player may not return to practice – even if asymptomatic – until medically cleared. During the process of testing, immediately inform club President, Amber Matisz, or Vice President, Megan Lilly (contact information provided below).
- Coaches will immediately inform direct contacts from the team with the positive player.

Should a player test positive for COVID-19, the family must inform the designated coaches/persons to which those participating in the session/considered directly exposed will be informed to quarantine/sessions canceled for 10 days. ****All positive results must be reported to the County Health Officials by the family. HASC will participate in contact tracing and follow all recommended steps of reporting as outlined by the Allegheny County Health Department and the local school districts. ****

- Coaches and direct volunteers that become ill will directly notify club President- Amber Matisz, and/or Vice President- Megan Lilly immediately, with the same standards in place – if they suspect COVID-19/and are being tested, they cannot return to practice until cleared medically.
- Players in direct contact with the coach/volunteer will be informed immediately.

Contact information:

- Amber Matisz, President, president@highlandsareasc.org, 919.757.2528
- Megan Lilly, Vice President, meganalilly@gmail.com, 724.977.0609

*Please note, every situation is dependent upon the circumstances, and each will be handled on a case-by-case basis to ensure the safest and most efficient solution for our players, coaches, teams and their families. If you have any questions or concerns, please contact us directly.