

## WFC Rangers 2012 Development Overview

Here is an overview of general development plans for 2012 for both High School age players and those at U14 and below. In our continuing effort to field highly competitive teams, and maximize our player development opportunities we are growing current programs and putting some new structures in place.

The WFC Rangers are offering in 2012:

1. Speed Agility and Quickness – development opportunities will be offered for all ages & genders
2. iSoccer – program and development opportunities for all ages & genders
3. Technical Skills development – additional program focusing on individual technical skills; targeted at younger players, older players welcome
4. Goalkeeper training – all ages and genders
5. Joint training opportunities – U14 and below, age group focused and run by Gold team coach
6. Coordinated/Group training program – Scheduled and coordinated schedules and curriculum - HS age groups
7. College Relations Program – Playing in college, recruiting process, communications and guidance etc - HS age groups
8. Club support for Showcase events – HS age groups

We encourage all of our coaches to train together when possible, especially within their age groups. This is to be done within the normal team concept. Also, use of the player pool for guest playing and training opportunities is encouraged.

In addition to joint training between the teams, our goal is to coordinate and increase coordination of player movement between the teams for tournaments; training and league games utilizing the RCL Player Pass; a coordinated training curriculum; and improved “internal scouting” to ensure that players are properly placed and have the opportunity to excel and progress.

### WFC Rangers HS Boys 2012-2013 Development

Plans for our HS Boys teams include facilitating joint training sessions to ensure the opportunity to work on full-field concepts, ensure player motivation and to enhance coordination between Gold and Blue teams. This model of greater team coordination, joint training and better coordinated player movement will serve as a model and be phased into the program in stages for boys and girls.

In addition to joint training between the teams, our goal is to coordinate and increase coordination of player movement between the teams for Showcase and other tournaments; training and league games utilizing the RCL Player Pass; a coordinated training curriculum; and improved “internal scouting” to ensure that players are properly placed and have the opportunity to excel and progress.

Additionally, our overall enhancements for the Boys High School age teams will incorporate:

1. Enhanced goalkeeper training
2. Speed, Agility and Quickness (SAQ) training aimed specifically at the developmental level of the players
3. A greater college relations coordination program (boys and girls)
4. Enhanced technical & individual skills training (boys and girls)

**Ranger's goal is to create one of the most competitive, attractive and best coached Boys High School age team programs in the state.** The HS Boys program will be a phased approach with some aspects being targeted at specific age group and gender needs. The challenges and opportunities for each gender are different and their programs will strive to reflect that.

## WFC Rangers Boys 2012-2013 Teams & Coaches

<b>BU18 Gold</b>	<b>Head Coach, Chris Jepson</b> Asst Coach, Scott Caldwell
<b>BU17 Gold</b>	<b>Head Coach, Jason Conway</b> Asst Coach, Ian Cairns
<b>BU16 Gold</b>	<b>Head Coach, Scott Caldwell</b> Asst Coach, Chris Jepson
<b>BU15 Gold</b>	<b>Head Coach, Jason Conway</b> Asst Coach, TBA
<b>BU15 Blue</b>	<b>Head Coach, Rob Knowles</b> Asst Coach, TBA
<b>BU15 White</b>	<b>Head Coach, Brendan Quilici</b> Asst Coach, TBA
<b>BU14 Gold</b>	<b>Head Coach, Ben Twigg</b> Asst Coach, TBA
<b>BU14 Blue</b>	<b>Head Coach, Andrew Wentland</b> Asst Coach, TBA
<b>BU14 Royal</b>	<b>Head Coach, Dan Abshier</b> Asst Coach, TBA
<b>BU14 White</b>	<b>Head Coach, Eric Seck</b> Asst Coach, TBA
<b>BU13 Gold</b>	<b>Head Coach, Matt "Ziggy" Zigulis</b> Asst Coach, Kevin Quinn
<b>BU13 Blue</b>	<b>Head Coach, Eric Michaelson</b> Asst Coach, TBA
<b>BU13 Royal</b>	<b>Head Coach, TBA</b> Asst Coach, TBA
<b>BU13 White</b> NOTE: A fourth team will be formed at U13 age group if interest, talent and player warrant doing so. In the case of three teams forming they will be named as Gold, Blue and White.	<b>Head Coach, TBA</b> Asst Coach, TBA
<b>BU12 Gold</b>	<b>Head Coach, Rob Knowles</b> Asst Coach, TBA

*Remaining coaching announcements will be made as soon as possible.*

## WFC Rangers Girls High School Age Teams

To create the best experience for our girls' high school aged players and in recognition of our current numbers, Rangers will be combining our two oldest age groups to form a GU18/17 combined Gold team, and a GU18/17 combined Blue team. Fielding these combined age teams will create two highly competitive teams, and maximize player development opportunities. Both teams will compete in the Regional Club League (RCL), the highest level of play in Washington State. The Gold team will be composed of the players who are the most advanced at the time of the tryouts though there will be opportunities for player movement between the two teams. Following on the success of our current girls U18 team (2012 Spring League RCL State Champions), we expect to field two highly competitive teams that will train, develop and compete at a high level.

Plans for U18/17 Gold and Blue teams include regular joint training sessions (projected to be 25% to 35% of practice sessions) to ensure the opportunity to work on full-field concepts, ensure player motivation and to enhance coordination between Gold and Blue teams. We anticipate that this model of greater team coordination, joint training and better coordinated player movement serve as a model and point toward the future for both our girls and boys programs.

In addition to joint training between the teams, our goal is to coordinate and increase coordination of player movement between the teams for Showcase and other tournaments; training and league games utilizing the RCL Player Pass; a coordinated training curriculum; and improved "internal scouting" to ensure that players are properly placed and have the opportunity to excel and progress. *If warranted for developmental reasons & level of interest we will also form a GU17 Gold and Blue team following the tryout process.*

### **TRYOUTS FOR U17 & U18 AGE GROUPS WILL BE HELD JOINTLY AS SCHEDULED.**

GU16 and GU15 teams will be formed as "normal" but will also include joint training sessions between the two age groups as well as *within* the different levels of teams in the respective age groups to further development and enhance the experience for players as addressed above in the description of the U18/U17 teams.

### **TRYOUTS FOR GU15 & U16 AGE GROUPS WILL BE HELD AS SCHEDULED.**

Additionally, our overall enhancements for the Girls High School age teams will incorporate:

1. Enhanced goalkeeper training
2. Speed, Agility and Quickness (SAQ) training aimed specifically at the developmental level of the players
3. A greater college relations coordination program (boys and girls)
4. Enhanced technical & individual skills training (boys and girls)

***Ranger's goal is to create one of the most competitive, attractive and best coached Girls High School age teams program in the state.*** Standard registration costs for girl's high school age teams will be the same as other teams, though families can anticipate that - as always – costs to participate at the Gold level may be higher due to higher coaching fees, potentially more field rental expense for training and a more active Showcase and tournament schedule.

## WFC Rangers Girls 2012-2013 Teams & Coaches

<i>Combined</i> <b>GU18/17 Gold</b>	<b>Head Coach, Travis Connell</b> Asst Coach, Mary Schroeder
<i>Combined</i> <b>GU18/17 Blue</b>	<b>Head Coach, Mary Schroeder</b> Asst Coach, TBA
<b>GU17 Gold:</b> A Gold team will be formed at this age group if interest, talent and player development warrant doing so.	<b>Head Coach, TBA</b> Asst Coach, TBA
<b>GU17 Blue.</b> A Blue team will be formed at this age group if interest, talent and player development warrant doing so.	<b>Head Coach, TBA</b> Asst Coach, TBA
<b>GU16 Gold</b>	<b>Head Coach, Drew Smiley</b> Asst Coach, TBA
<b>GU16 Blue</b>	<b>Head Coach, Blaine Colvin</b> Asst Coach, TBA
<b>GU15 Gold</b>	<b>Head Coach, Travis Connell</b> Asst Coach, TBA
<b>GU15 Blue</b>	<b>Head Coach, Molly Soltero</b> Asst Coach, Keller Haden
<b>GU15 White</b>	<b>Coaches, Gio Quesada &amp; Rich Ohlmann</b> Asst Coach, TBA
<b>GU14 Gold</b>	<b>Head Coach, Dean Haverstraw</b> Asst Coaches, Rachel Rexroat & Kirstin Salminen
<b>GU14 Blue</b>	<b>Head Coach, Matt Durkee</b> Asst Coach, TBA
<b>GU14 Royal</b>	<b>Head Coach, Dan Abshier</b> Asst Coach, TBA
<b>GU14 White</b>	<b>Head Coach, Suzanne Griffith</b> Asst Coach, TBA
<b>GU13 Gold</b>	<b>Head Coach, Marc Ronney</b> Asst Coach, TBA
<b>GU13 Blue</b>	<b>Head Coach, Brian Weeda</b> Asst Coach, TBA
<b>GU13 Royal</b>	<b>Head Coach, Suzanne Griffith</b> Asst Coach, TBA
<b>GU13 White</b> <b>NOTE:</b> A fourth team will be formed at U13 age group if interest, talent and player development warrant doing so. In the case of three teams forming they will be named as Gold, Blue and White.	<b>Head Coach, TBA</b> Asst Coach, TBA
<b>GU12 Gold</b>	<b>Head Coach, Dave Miller</b> Asst Coach, TBA

*Remaining coaching announcements will be made as soon as possible.*